Successful Arrest of Photoreceptor and Vision Loss Expands the Therapeutic Window of Retinal Gene Therapy to Later Stages of Disease

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Abstract
Inherited retinal degenerations cause progressive loss of photoreceptor neurons with eventual blindness. Corrective or neuroprotective gene therapies under development could be delivered at a predegeneration stage to prevent the onset of disease, as well as at intermediate-degeneration stages to slow the rate of progression. Most preclinical gene therapy successes to date have been as predegeneration interventions. In many animal models, as well as in human studies, to date, retinal gene therapy administered well after the onset of degeneration was not able to modify the rate of progression even when successfully reversing dysfunction. We evaluated consequences of gene therapy delivered at intermediate stages of disease in a canine model of X-linked retinitis pigmentosa (XLRP) caused by a mutation in the Retinitis Pigmentosa GTPase Regulator (RPGR) gene. Spatiotemporal natural history of disease was defined and therapeutic dose selected based on predegeneration results. Then interventions were timed at earlier and later phases of intermediate-stage disease, and photoreceptor degeneration monitored with noninvasive imaging, electrophysiological function, and visual behavior for more than 2 y. All parameters showed substantial and significant arrest of the progressive time course of disease with treatment, which resulted in long-term improved retinal function and visual behavior compared with control eyes. Histology confirmed that the human RPGR transgene was stably expressed in photoreceptors and associated with improved structural preservation of rods, cones, and ON bipolar cells together with correction of opsin mislocalization. These findings in a clinically relevant large animal model demonstrate the long-term efficacy of RPGR gene augmentation and substantially broaden the therapeutic window for intervention in patients with RPGR-XLRP.

Keywords
retinal degeneration, gene therapy, late stage, XLRP, RPGR

Disciplines
Medicine and Health Sciences | Veterinary Medicine

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Inherited retinal degenerations cause progressive loss of photoreceptor neurons with eventual blindness. Corrective or neuroprotective gene therapies under development could be delivered at a predegeneration stage to prevent the onset of disease, as well as at intermediate-degeneration stages to slow the rate of progression. Most preclinical gene therapy successes to date have been as predegeneration interventions. In many animal models, as well as in human studies, to date, retinal gene therapy administered well after the onset of degeneration was not able to modify the rate of progression even when successfully reversing dysfunction. We evaluated consequences of gene therapy delivered at intermediate stages of disease in a canine model of X-linked retinitis pigmentosa (XLRP) caused by a mutation in the Retinitis Pigmentosa GTPase Regulator (RPGR) gene. Spatiotemporal natural history of disease was defined and therapeutic dose selected based on predegeneration results. Then interventions were timed at earlier and later phases of intermediate-stage disease, and photoreceptor degeneration monitored with noninvasive imaging, electrophysiological function, and visual behavior for more than 2 y. All parameters showed substantial and significant arrest of the progressive time course of disease with treatment, which resulted in long-term improved retinal function and visual behavior compared with control eyes. Histology confirmed that the human RPGR transgene was stably expressed in photoreceptors and associated with improved structural preservation of rods, cones, and ON bipolar cells together with correction of opsin mislocalization. These findings in a clinically relevant large animal model demonstrate the long-term efficacy of RPGR gene augmentation and substantially broaden the therapeutic window for intervention in patients with RPGR-XLRP.

Significance

Corrective gene therapies for inherited retinal degenerations are being developed with the expectation that even patients in later stages of the disease will benefit from such intervention. Evidence in animal models for a rescue after the onset of photoreceptor loss is scarce, and recent results from patients enrolled in two of the gene therapy clinical trials for a congenital form of blindness (RPE65-LCA) show that, despite transient improvement in visual function, photoreceptor cell death remains unabated. Here we show in a canine model for a common and severe form of X-linked retinal degeneration that gene therapy successfully stops photoreceptor cell death, improves the structure of retinal cells, and prevents vision loss for more than 2 y.


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component (12–15). These experimental conditions fail to recapitulate the cellular and molecular environment of diseased photoreceptors in patients who have a complex spatial distribution of stages of disease across the retina (Fig. 1B). Considering the current evidence showing the difficulty to stop retinal degeneration (16, 17), it is of paramount importance to assess the efficacy of new therapies in more advanced disease stages.

X-linked RP caused by mutation in the Retinitis Pigmentosa GTPase Regulator (RPGR) gene is one of the most common inherited retinal degenerations (18–20). There are currently more than 300 distinct mutations (rpgr.hgu.mrc.ac.uk/supplementary/) identified in RPGR, and the majority are found in a glutamic acid-rich domain within exon ORF15 (21, 22). The natural course of RPGR-XLRP disease is severe, with males showing loss of night vision in the first decade of life (23). The disease onset in the naturally occurring or Rpgr KO mouse models is very late (23–25) as it corresponds to 35 human years (26), whereas the disease onset in two naturally occurring canine models of RPGR-XLRP (27–29) are earlier and correspond better to the human disease time course. Gene augmentation delivered by means of an adeno-associated viral (AAV) vector has been shown to be efficient in both the dog and mouse models (30, 31). Here we focused on using gene therapy to treat the intermediate disease stage of RPGR-XLRP in a canine model, at a time when ∼80% (mid stage) to 60% (late stage) of the neurons have already been lost to degeneration. We demonstrate efficacy in arresting further neurodegeneration with reversal of the photoreceptor disease, and retention of vision, lasting for more than 2 y. These results augur well for potential clinical treatment trials involving RPGR-XLRP patients who have substantial retinal degeneration but still retain some photoreceptors and suggest there is validity in treating and evaluating animals with mid-late-course disease in other neurodegenerative disorders.

Results

Spatiotemporal Progression of Retinal Degeneration in Vivo. Mutations in the RPGR gene cause a severe and early-onset form of progressive retinal degeneration in humans and dogs (30). Of the two naturally occurring canine diseases, XLPRA2 is caused by a two-nucleotide deletion within ORF15 that results in a frameshift and truncation of the terminal 161 amino acid residues. Histologically, the outer (photoreceptor) nuclear layer (ONL) has a normal thickness (∼10–11 rows of nuclei) at 5 wk of age that corresponds to the age of onset of degeneration (29). The rate of photoreceptor neuronal death initially accelerates with a peak at ∼7 wk of age before returning to a reduced, yet constant, rate thereafter (29). The result is a rapid ONL thinning that leads to a thickness of approximately three rows of nuclei (∼30% of normal) (32) by ∼40 wk of age (29). In preparation for gene therapy strategies aimed at positively altering the natural history of the retinal degeneration, we first used in vivo imaging methods to evaluate the spatial distribution and temporal progression of ONL thickness changes with age. WT dogs show an ONL thickness distribution that peaks in the superior-central retina (Fig. 2A, Left) except for the small highly cone enriched fovea-like area (33) (Fig. S1 A and B). ONL thickness in XLPRA2 dogs can progress from near-normal at 8 wk to severe retina-wide thinning at 95 wk (Fig. S1C). Measurements at superior, supero-nasal, and inferior retinal locations show a regular and predictable pattern of ONL thinning with progression rates of −0.33 log<sub>10</sub>/y for superior and supero-nasal retinal regions and −0.45 log<sub>10</sub>/y for inferior retinal regions. These invariant log-linear periods of progression last to ∼78 wk of age. Thereafter, a slowing of the progression rate is apparent with an increase in measurement variability associated with severely thinned ONL (Fig. S1 D and E), reaching the axial resolution limit of the imaging system.

Dose–Response Function for Subretinal Gene Therapy. Subretinal gene therapy at initial stages of XLPRA2 disease, before detectable ONL thinning, can arrest the progressive retinal degeneration (30); however, the dose–response function of the treatment efficacy is not known. To determine the minimal effective titer (MET), we injected eight eyes at the onset of degeneration (5 wk of age) with over a 2.5 log<sub>10</sub> range of titers, and used as a principal outcome measure ONL thickness maps recorded at 32–38 wk. Representative ONL maps show retention of thickness corresponding to the injection bleb for the two highest titers compared with lack of such effect for the lowest titer (Fig. 2A). Quantitative analysis of all eight eyes of five animals (Table S1) showed that the regions injected with a vector titer of 1.51 × 10<sup>11</sup> vg/mL had an ONL thickness closest to WT (Fig. 2B). Injection volumes at 5 wk of age were 70 μL, which is a total vector dose of 10.6 × 10<sup>11</sup> vg. Lower titers resulted in ONL thickness expected from the untreated XLPRA2 natural history, and a higher titer did not reach the WT thickness, although it did show an effect of treatment (Fig. 2B). Thus, we consider the titer of 1.51 × 10<sup>11</sup> vg/mL as the MET to a first approximation. Transgene expression was specifically detected by immunohistochemistry on retinal sections using an antibody (Table S2) that recognizes human but not canine RPGR protein. Immunolabeling was found exclusively in the bleb area, and semiquantitative assessment showed that the level of expression of the stable hRPGR variant was dose dependent. At the highest titers, the transgene was found throughout the length of the photoreceptors (with the exception of the outer segments; Fig. 2C) as previously reported when using retinal tissues fixed in paraformaldehyde for >1 h (30, 31). Immunolabeling of the RPGR transgene product has been shown to be restricted to the connecting cilium only when using a modified short (1–2 min) paraformaldehyde fixation protocol (31, 34). Importantly, control injections (n = 7) performed with balanced salt solution (BSS) in XLPRA2 eyes at different ages resulted in no measurable deviation of ONL thickness from the expected natural history (Fig. S1 D and E).

To determine whether there was toxicity of the vector to the retina, adult-size WT canine eyes were injected over a 2 log<sub>10</sub> range of titers (Fig. S2), with a higher volume (150 μL) to cover a similar retinal area as achieved with 70 μL at 5 wk of age. For the MET and lower titer, the bleb region in WT eyes did not show a detectable difference from the surrounding uninjected region in
terms of ONL thickness. At the highest titer, however, there was evidence of mild ONL thickening at and around the bleb region in WT retinas (Fig. S2 A and B). Histology was not available, and mild toxicity of WT retinas to the vector at the titer of \(1.5 \times 10^{11} \text{vg/mL}\) cannot be ruled out; the significance of this finding to the mutant eyes is currently not clear. Taking all of the XLRP2A and WT results into consideration, the remaining experiments were performed with the \(1.5 \times 10^{11} \text{vg/mL}\) titer of the AAV2/5 vector carrying a stable hRPGR transgene under the control of the hIRBP promoter.

**Intervention at Initial Disease Stage Arrests Photoreceptor Loss and Rescues Vision for 3+ Y.** Long-term durability of the therapeutic effect of intervention at the time that degeneration begins was evaluated next. An XLRP2A retina was injected with MET at 5 wk of age, and ONL thickness across a wide extent of retina was mapped serially between 32 and 131 wk (Fig. 2D). Even at the first time point (27 wk after treatment), ONL thickness within the treated region was significantly thicker than the surrounding untreated region. Over the next 2 y, the untreated region lost ONL thickness along the trajectory consistent with the expected natural history of degeneration, whereas the injected region stably retained ONL thickness close to WT values (Fig. 2D). The difference in ONL thicknesses between the treated region and the surrounding untreated region progressively increased with time. Retinal function with full-field electroretinography (ERG) showed in the treated eye retention of rod and cone function up to the latest test date at 157 wk of age (Fig. S3A, Left). In the contralateral BSS-injected eye, rod function was not detectable and cone function was severely reduced. Visual function was assessed in an obstacle-avoidance course at 130–164 wk of age. Significantly improved navigation performance (shorter transit time and reduced number of collisions) under scotopic and low mesopic ambient illumination (≤0.2 lx) was observed when testing the treated eye in comparison with the untreated eye; treated eye results were within the range observed with WT dogs (Fig. S3B, Left).

**Gene Therapy Intervention at Mid-Stage Disease Arrests Photoreceptor Loss and Rescues Vision for Up to 3 Y.** The stability of rescue following intervention at mid-stage disease was evaluated next. XLRP2A retinas were injected with MET at 12 wk of age (volume injected: 150 μL; dose: \(22.7 \times 10^9 \text{vg}\)), after the peak of photoreceptor cell death that results in a loss of \(≈40\%\) of the ONL (29). ONL thickness across a wide extent of retina was mapped serially between 31 and 131 wk (Fig. 3 A and B). Although ONL maps at the first time point (31 wk of age, 19 wk after treatment) suggested some rescue in the treated region, this was more evident at later time points (Fig. 3A and Fig. S4A). In three treated XLRP2A dogs, both in the superior and inferior retina, measurements of
ONL thickness on each side of the treatment border showed an initial decline that followed the natural course of disease, but ONL loss in the treated region was halted at 31 wk of age. The rescue persisted up to 131 wk of age, the latest evaluation point.

Histological assessment in an XLPRA2 dog at 113 wk of age confirmed the in vivo imaging results with a clear demarcation in ONL thickness at the border of the bleb (Fig. 3C). There was a substantially thicker ONL in the treated (approximately seven rows of nuclei) vs. untreated (approximately one to three rows of nuclei) regions. Inner (IS) and outer (OS) segments of photoreceptors had a normal appearance within the treated area, but they were almost completely lost in the untreated region (Fig. 3D).

Fig. 3. Efficacy and long-term stability of gene therapy intervention at mid-stage disease. (A) Pseudocolor maps of ONL thickness topography at 31 and 105 wk of age in an XLPRA2 dog treated at 12 wk of age. Dashed outline, the retinal region corresponding to the subretinal vector bleb at treatment. Schematic, right, paired loci across the treatment boundary and in the inferior retina chosen for quantitative evaluation. Eyes are shown as equivalent right eyes with optic nerve and major blood vessels overlaid for ease of comparability. T, temporal; N, nasal retina. (B) Progressive changes in ONL fraction recorded serially between 11 and 130 wk of age in treated (green) and untreated (red) loci in the superior (Left) and inferior (Right) retinas of three XLPRA2 dogs. Vertical green arrows depict the timing of treatment at 12 wk of age. Dashed lines show the range of ONL fraction expected in WT eyes or natural history of progression in untreated XLPRA2 eyes. Smaller symbols represent the individual data and larger symbols with error bars represent mean ± SD; *P < 0.01 for paired t tests between treated and untreated loci. (C–G) Retinal morphology at 113 wk of age in the untreated (Left) and treated (Right) areas of an XLPRA2 dog injected at 12 wk. (C) H&E-stained section across the treatment boundary (red bar in diagram shows section location). (D) H&E stain, higher magnification view. (E) IHC labeling of stable human RPGR transgene product. (F) Cone arrestin (CA, red) and rhodopsin (RHO, green) double IHC. (G) R/VG opsin (red) IHC labeling. Z463-OS and similar labels designate the individual animal and eye.
Expression of the stable human RPGR transgene product was localized exclusively to photoreceptors of the treated area (Fig. 3E) and was found throughout the cell except in the OS (30). Immunolabeling with cone arrestin and rod and cone opsins antibodies confirmed the structural rescue of both photoreceptor populations (Fig. 3F), as well as the reversal of opsin mislocalization (Fig. 3 F and G) in the treated area. Not only was cone structure better preserved, but counts of total (M/L and S) cones showed a higher number of cells in the treated relative to untreated areas, and approximately twice as many S cones were found to express S opsin in their OS (Fig. S5 A and B). To determine the effect of RPGR augmentation on the structure of the photoreceptor sensory cilium, three ciliary markers (rootletin, centrin-3, and acetylated α-tubulin) were used for IHC. Their pattern of labeling in the treated area was normal (Fig. S5C) and similar to that seen in an untreated XLPIRA2 at the age of 12 wk (Fig. S6 A and B), but very different from the reduced immunostaining in the untreated area at 113 wk (Fig. S5C). Thus, mutant retina treated by RPGR augmentation retained molecular components of the sensory cilium to their normal site and levels of expression. Overall, these results suggest that intervention at mid-stage disease is able to stop cell death. Based on the observation that rod and cone IS and OS structure in treated 113-wk-old animal (Fig. 3 C and D) is more normal than at the 12 wk of age, the injection time point (Fig. S6F; H&E), there appears to be a window in which the treatment can prevent the retinal structural alterations in the surviving photoreceptors. Further support comes from restoration of normal dendritic arborization of ON bipolar cells located within the treated area (Fig. S5D). In the treated eyes of two dogs, ERG showed retained rod and cone function up to the latest test date at 157 wk of age (Fig. S3A, Center). Visually guided behavior in an obstacle avoidance course was also significantly improved under scotopic and mesopic illumination when testing the treated eyes between 130 and 164 wk of age (Fig. S3B, Right).

**Efficacy and Durability for Up to 2+ Y of Gene Therapy Intervention at Late-Stage Disease.** To assess whether the window for therapeutic intervention could be extended to a more advanced disease stage, XLPIRA2 retinas were injected with MET at 26 wk of age. At this age, the ONL is approximately four to five rows of nuclei thick in the central/midperipheral retina (~40–50% of normal), and the structure of the OS is severely compromised (29). Topographic maps of ONL thickness from early postinjection time points did not indicate a rescue effect for up to 40 wk (Fig. 4A and Fig. S4B). By 52 wk of age, a region of rescue became qualitatively visible and statistically significant (Fig. 4B). From that time point up to 131 wk of age, ONL loss was halted in the treated area of the superior retina, but continued unabated in the untreated region (Fig. 4A and B and Fig. S4B). This rescue was confirmed histologically in an XLPIRA2 dog at 113 wk of age. The ONL was thicker in the treated (approximately four rows of nuclei) than in the untreated (approximately one to two rows of nuclei) region, and photoreceptors retained the normal elongated IS and OS (Fig. 4 C and D). Expression of the stable human RPGR transgene in the treated areas (Fig. 4E) was associated with better preserved rod and cone OS structure and with correction of rod opsin mislocalization (Fig. 4 F and G). An increase in the number of all cones (M/L+S), as well as S cones with preserved OS, was found in the treated vs. untreated area (Fig. 5 A and B). The immunolabeling pattern of the photoreceptor sensory cilium was also better preserved in the treated area at 113 wk of age (Fig. 5C) and resembled that seen in an untreated dog at 24 wk of age (Fig. S6C). The presence of inner retinal gliosis was assessed by GFAP immunolabeling and did not reveal any increased reactivity of astrocytes or Müller cells in either the treated or untreated areas. Finally, rod bipolar cells reestablished the dendritic arborizations that were absent at the 26-wk injection time point (29), and had completely retracted in the untreated regions at 113 wk of age (Fig. 5D). ERG analysis performed at 105 wk of age showed preserved rod function in all three dogs and cone function in two of three animals as illustrated for dog Z465 (Fig. 6A). Although in the third dog (Z464) similar amplitudes of persistent cone function were recorded from both the treated and untreated eye, combined analysis of the ERG data from all three dogs showed a statistically significant positive rescue of rod-mediated retinal function (Fig. 6B). The mean ERG values at 105 wk of age from the three treated dogs were compared with that of seven WT adult dogs and showed that rod-mediated b-wave amplitude was 8% of WT, and mixed rod-cone a- and b-wave amplitudes were, respectively, 6% and 11% of WT. Because at 26 wk of age the XLPIRA2 retina has lost 50–60% of its photoreceptors (primarily rods) and only ~1/5 of the retina was treated, these values suggest that maximal achievable ERG preservation was obtained from the treated area. ERG measurements repeated at 157 wk of age (latest test date) in the two remaining XLPIRA2 dogs showed persistent rescue of both rod and cone function in the treated eyes (Fig. S3A, Right). Combined analysis of the performance of these two dogs in an obstacle-avoidance course between 130 and 164 wk of age showed a faster transit time (within the range of WT dogs) and reduced number of collisions when testing the treated vs. the untreated eyes under scotopic and mesopic ambient illumination. Visual function was further investigated in these animals between 149 and 162 wk of age by assessing their ability to detect a dim blue flashing light in a forced two-choice Y maze (Fig. S7). An improved ability to detect the light stimulus was seen when testing the treated eyes. Combined analysis of the data collected from both dogs during all eight sessions showed a statistically significant difference in the success rate of the treated vs. untreated eye (91% vs. 63%; P < 0.001; Fig. 6D).

**Discussion**

Inherited retinopathies are Mendelian diseases caused by thousands of mutations in >200 distinct genes (18). Most commonly, there is a progressive loss of vision due to neurodegeneration of retinal photoreceptors, and there is no cure or treatment (35). Potential therapeutic approaches can be categorized into three groups: (i) prevention of degeneration before it starts, (ii) slowing the rate of progression, and (iii) replacement of lost photoreceptors and their intraretinal connectivity (35). In the current work, we used an AAV2/5 vector to intervene with gene augmentation therapy both early and late in a naturally occurring canine model of RPGR-XLPR and demonstrated long-lasting arrest of retinal degeneration, restoration of normal structure in the remaining photoreceptors and bipolar cells, and rescue of vision.

**Defining the Natural History of Disease as a Prelude to Interventions at Different Stages.** In human clinical trials to date, AAV-vectored gene therapy for the RPE65 form of Leber congenital amaurosis (LCA) has shown improvement of some aspects of vision (36, 37), but there is recent evidence in patients from two of the ongoing trials that such intervention has not been able to stem the progression rate of retinal degeneration (16, 38, 39). In naturally occurring canine models, both of RPE65-LCA and others, gene therapy has produced similar results: intervention after the onset of photoreceptor degeneration has not been able to modify the natural history of the disease (16) or to restore visual function unless adjunctive treatments are done (40). When the intervention preceded major loss of photoreceptors, prevention of retinal degeneration has often been achieved (16, 30, 41, 42) but not always (17).

In mice, there is an extensive literature on gene augmentation therapy showing improved photoreceptor survival as long as the intervention is applied before or at very early stages of retinal degeneration (43–47). Other work has shown positive effects of gene therapy when applied to disorganized retinas with rosettes (48). Successful rescue of photoreceptors with gene augmentation has been difficult to achieve when applied late in the disease natural...
history. There have been reports of success (31, 49, 50) but with the caveat of a lack of quantitative definition of spatiotemporal natural history of retinal degeneration at the time of the intervention.

It is well known that human retinopathies demonstrate very complex spatiotemporal patterns of disease progression (Fig. 1B) (51, 52), even though underlying genetic mutations are presumed to be expressed in all retinal cells of relevance. In mouse models, and their localized treatments with gene therapy, spatiotemporal gradients of natural disease progression are not often investigated. Therefore, we first quantitatively defined the spatiotemporal natural history of retinal degeneration in the XLPRA2 dogs (Fig. S1). Both in the superior and inferior retina loci, exponential functions (16) with different parameters described the progressive loss of photoreceptors for the first 1.5 y of life. Extrapolating the
natural history to young ages implied an initial delay of degeneration that likely ranged from 5 to 12 wk of life and varied by location and animal. The rate of degeneration was slower in the superior and supero-nasal retina (−0.33 log$_{10}$/y) compared with the inferior retina (−0.45 log$_{10}$/y).

**Comparability of Progression of Disease in the Canine and Human.** In patients with RPGR-XLRP, the exact spatiotemporal natural history of retinal degeneration is not known: this lack of knowledge extends to all other molecular forms of RP. There are, however, published estimates of rates of vision loss in RPGR-XLRP, and these can be used to estimate underlying retinal degeneration. For example, ERG amplitudes have been shown to change by −0.07 log$_{10}$/y for cones and rods (53). These full-field averaged values are in the same order of magnitude as psychophysical sensitivity changes reported for cone vision ranging from −0.06 to −0.09 log$_{10}$/y at specific extramacular retinal locations (54). Previous work has shown that rod and cone losses tend to be equal in this condition (55). Under the simplifying assumptions of a delayed exponential progression of disease (56) and a relationship between the square of ONL thickness and light sensitivity (57), the rate of ONL thickness change in human RPGR-XLRP can be estimated to fall in the range of −0.03 to −0.05 log$_{10}$/y. Using allometric scaling based on maximum lifespan (26), the human progression estimate corresponds to −0.18 to −0.31 log$_{10}$/y per canine-equivalent years, which is similar to the rate of −0.33 log$_{10}$/y estimated in the superior retina of XLPRA2 dogs but slower than the −0.45 log$_{10}$/y estimated in the inferior retina. Thus, the current studies were performed to place the treatment injections in the superior retinal locations whenever possible. Future studies of human RPGR-XLRP should ideally include direct measurement of the thickness of the photoreceptor layer and its progressive thinning as we previously performed in RPE65-LCA (16) to provide a quantitative and predictive spatiotemporal measure of the natural history of degeneration in advance of upcoming treatment trials.

**The Window of Opportunity for RPGR Gene Augmentation Can Be Expanded to Later Stages of Retinal Degeneration.** After demonstrating the long-term (>3 y) stable rescue effect provided by early gene therapy intervention, we focused our efforts on determining
**Late Stage Rescue of Vision**

**A**

![Graph A](image1)

**B**

![Graph B](image2)

**C**

![Graph C](image3)

**D**

![Graph D](image4)

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**Fig. 6.** Long-term durability of retinal function and visual behavior after gene therapy intervention at late-stage disease. (A) Representative ERG traces of rod (−1.74 log cd s m\(^{-2}\)) and cone (0.01 log cd s m\(^{-2}\)) responses to single stimuli or 29-Hz cone flicker (0.76 log cd s m\(^{-2}\)) recorded at 105 wk of age in an XLPRA2 dog treated at 26 wk of age. (B) Summary of all rod and cone ERG results recorded at 105 wk of age from three XLPRA2 dogs treated at late-stage disease. (C) Mean (±SD) transit time and mean (±SD) number of collisions in an obstacle-avoidance course under different ambient light intensities. The treated vs. control eyes of two XLPRA2 dogs (Z464 and Z465) injected at 26 wk of age were compared after pooling data recorded during nine trials conducted between 130 and 164 wk of age. Gray dotted lines represent the 95% CI of the transit time of WT dogs (n = 3). No collisions were observed with these WT dogs. (D) Visually guided behavior in a forced two-choice Y maze of the same two XLPRA2 dogs treated at 26 wk of age. (Left and Center) Performance of each dog when assessing the treated vs. the control eye during eight test sessions conducted between 149 and 162 wk of age. (Right) Visual performance of the treated vs. control eyes after pooling together data from both dogs and from all eight sessions (total of 320 trials). *P < 0.05, **P < 0.001 from paired Student t test (for ERG data) and from generalized linear model testing (for obstacle course and Y maze data) between treated and control eyes.
whether RPGR gene augmentation could arrest the natural course of disease when delivered at patient-relevant stages of retinal degeneration. For this, XLPRA2 dogs at mid- and late-stage disease were subretinally injected with the same viral titer (1.51 × 10^{11} \text{vg/mL}) as used at the initial stage (this study and ref. 30). Because the numbers of photoreceptors are reduced by ~50-60\% at 26 wk of age (late-stage intervention), the titer used would be predicted to result in an approximately twofold higher vector load per photoreceptor cell compared with dogs treated at 5 wk of age with their full photoreceptor complement (initial-stage intervention). No signs of ocular toxicity were detected clinically or histologically even when treating XLPRA2 with a 10-fold higher viral titer (15.1 × 10^{11} \text{vg/mL}) than that selected for the long-term studies. This lack of toxicity suggests that the AAV construct used may have a reasonably high therapeutic index. These results contrast, however, with the findings from another group that observed both short- and long-term toxicity in the Rpgr KO mouse when using a different AAV serotype/promoter/RPGR transgene at doses, respectively, 3- and 10-fold higher than the one that provided the most potent therapeutic effect (31).

Following intervention at mid and late stages of disease, there was a latency of up to 26 wk before the rate of ONL loss was substantially altered. Such a “delay” in ONL rescue could be explained by a lower efficiency of the vector at transducing older/ diseased photoreceptors or the inability for corrective gene therapy to modify the fate of cells that are already irreversibly damaged and committed to cell death. After ONL loss was halted, the rescue effect was shown to be stable for more than 2 y following intervention at late-stage disease. Histological assessment in two dogs treated at mid and late stage confirmed the morphological rescue of both rods and cones, correction of opsin mislocalization, and reversal of the early dendritic retraction of bipolar cells (29). The structural preservation of surviving photoreceptors including their sensory cilium, and the positive remodeling of the inner retina was associated with improved ERG amplitudes of rods, cones, and postreceptoral neurons in all treated eyes. Significantly, we now demonstrate for the first time to our knowledge that RPGR gene augmentation prolongs rod-driven visual behavior, an observation that could not be made at earlier time points when significant vision under scotopic illumination still persisted in the control eyes (30).

Improving the Predictive Value of Animal Models Used to Test Treatments for Retinal Degeneration. Over the last decades, several therapeutic strategies that include the use of neuroprotective agents, antiapoptotic factors, immunotherapy, and corrective gene therapy have been developed with the ultimate goal of preventing or halting photoreceptor degeneration. With few exceptions (31, 49, 50), preclinical evidence gathered to support the initiation of clinical trials has been based on proof-of-concept studies conducted in animal models at a predegenerative stage (11, 58–61). A limitation is that these experiments at predegenerative stages fail to recapitulate the cellular and molecular environment of surviving photoreceptors in patients with advanced disease. So does drug development for retinal degenerative diseases run a risk of high attrition as seen with the therapy pipelines for Alzheimer and Parkinson’s diseases (6, 7)? Disappointing results with sustained delivery of the neuroprotective agent ciliary neurotrophic factor (CNTF) for the treatment of early- and late-stage RP in two studies (62) and evidence that animals involved in two of the gene therapy clinical trials for the RPE65 form of Leber congenital amaurosis (LCA) show unabated photoreceptor and vision loss despite initial visual improvement (16, 38, 39) suggest that evidence in animal models for long-term efficacy and testing at clinically relevant stages of disease are needed to improve the predictive value of preclinical studies.

In conclusion, although regulatory agencies such as the US Food and Drug Administration, which are responsible for approving investigations of new drugs in humans, require preclinical data from animal pharmacology and toxicology studies, there has been a poor “return on investment” of many drug trials for neurodegenerative diseases. This situation calls for reconsidering the importance of establishing proof of concept in animal models that truly recapitulate the stages of disease of patients to be enrolled in phase II/III clinical trials. Despite the increased financial pressure that this would exercise on both academia and industry, this appears to be a necessary step to increase the success rate in translating new drugs to the clinical phase. For retinal gene therapy approaches, this would involve confirming efficient transduction of targeted cells in an animal that models the various human stages of degeneration and positive alteration of the natural course of disease before filing an Investigational New Drug application. Our successful late-stage intervention and long-term follow-up results in a clinically relevant large animal model now provide the necessary proof of concept to support a clinical trial for RPGR-XLRP.

Materials and Methods

All dogs were bred and maintained at the University of Pennsylvania Retinal Disease Studies Facility (RDSF). The studies were carried out in strict accordance with the recommendations in the Guide for the Care and Use of Laboratory Animals of the National Institutes of Health (63) and the USDA’s Animal Welfare Act and Animal Welfare Regulations and complied with the ARVO Statement for the Use of Animals in Ophthalmic and Vision Research. The protocols were approved by the Institutional Animal Care and Use Committee of the University of Pennsylvania. RPGR mutant (XLPRA2) (28, 29) and WT dogs were used to characterize the natural course of ONL thinning as a function of age (16) and the response to subretinal injections with an AAV2/5 vector (64) carrying a stabilized human RPGR–ORF15 DNA under the control of a human IRBP promoter (30, 65). The stabilized human RPGR–ORF15 cDNA (stable hRPGR) contained seven in-frame deletions, one 3-bp insertion, and 65-bp substitutions spread throughout the AG-rich region of exon ORF15 compared with the published (GenBank: NM_001034853) human RPGR–ORF15 sequence (34). Stable hRPGR was the same sequence as used in our previous RPGR gene augmentation study in XLPRA1 and XLPRA2 dogs (30). Assessment of the recombination of the RPGR gene transduced by this modified vector was made by means of ophthalmic examinations, en face and cross-sectional in vivo retinal imaging (Fig. 5B), electrotetrogenesis, visual behavior testing that included the use of an obstacle avoidance course and a forced 2-choice Y maze, and morphological evaluation on retinal histological section (16, 29, 30, 61). Methodological details are provided in SI Materials and Methods.

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