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Identification of Novel Inhibitors of Dietary Lipid Absorption using Zebrafish

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Abstract
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Identification of Novel Inhibitors of Dietary Lipid Absorption Using Zebrafish

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Abstract

Pharmacological inhibition of dietary lipid absorption induces favorable changes in serum lipoprotein levels in patients that are at risk for cardiovascular disease and is considered an adjuvant or alternative treatment with HMG-CoA reductase inhibitors (statins). Here we demonstrate the feasibility of identifying novel inhibitors of intestinal lipid absorption using the zebrafish system. A pilot screen of an unbiased chemical library identified novel compounds that inhibited processing of fluorescent lipid analogues in live zebrafish larvae. Secondary assays identified those compounds suitable for testing in mammals and provided insight into mechanism of action, which for several compounds could be distinguished from ezetimibe, a drug used to inhibit cholesterol absorption in humans that broadly inhibited lipid absorption in zebrafish larvae. These findings support the utility of zebrafish screening assays to identify novel compounds that target complex physiological processes.

Introduction

Inhibition of dietary lipid absorption is an evolving strategy to treat cardiovascular complications of disorders of lipid metabolism. Two commonly used drugs in this class of pharmacological agents, orlistat and ezetimibe improve the serum lipoprotein profiles of patients that are at high risk for acute coronary syndrome, stroke and sudden death, and therefore may be used as an adjuvant or alternative to HMG-CoA reductase inhibitors (statins) for the primary and secondary prevention of these disorders [1–5]. Although confirmation of the efficacy of this pharmacological approach awaits completion of large clinical trials, the adjuvant use of these compounds is common in patients that do not meet targeted reductions of lipoproteins while taking statins [6–10].

Given the high prevalence of lipid metabolism disorders it is desirable to identify lead compounds that can be developed into new drugs that inhibit lipid absorption via novel mechanisms. Here we report the utility of using the zebrafish for this purpose. Because of their small size, optical transparency zebrafish larvae are well suited for chemical library screening fluorescence, histochemical or morphological assays [11–16]. Indeed, a great advantage of chemical screens in zebrafish is the ability to rapidly assess compound efficacy and toxicity in vivo. Given the high degree of conservation of lipid metabolism in teleost fish and mammals [17–20], it is likely that compounds identified in a zebrafish screen will act through comparable mechanisms in mammals.

Here we report the results of a pilot screen of a non-biased chemical library through which we identified 7 novel compounds that inhibited the absorption of fluorescent lipid analogues. We show that compounds identified in the primary screening assay can be rapidly prioritized for testing in mammals using a variety of simple, yet highly informative in vivo secondary assays. The secondary assays also provided insights into the compounds’ mechanism of action, which could be distinguished from effects of orlistat and ezetimibe in zebrafish larvae. Surprisingly, we found that ezetimibe inhibited absorption of not only cholesterol analog, but also long chain fatty acid and phospholipid analogs. Together, these findings demonstrate the feasibility of conducting screens for compounds that interfere with complex physiological processes using the zebrafish.

Results

The screening assays used for this study were derived from previous work using fluorescent lipid reporters in zebrafish larvae [19]. Following their ingestion, the fluorescent metabolites of these reporters are first detected in the gallbladder of live larvae and later the intestinal lumen following gallbladder contraction. The compounds are used at low concentrations and they are rapidly absorbed from the intestinal lumen, thus their fluorescence emission is not detected in the intestinal lumen immediately after ingestion or when absorption in inhibited. Fluorescence emission from one of the analogues, the phospholipid PED-6, is quenched
Figure 1. Chemical screen identifies novel inhibitors of zebrafish lipid metabolism. (A, B) Bright field and fluorescent images of a 6 day post-fertilization wild type zebrafish larva that had ingested the PED6 lipid reporter. Fluorescence is detected in the intestine (asterisk) and gallbladder (arrow). (C–H) Representative dose response assay shows inhibition of PED6 metabolism in larvae treated with compound 2. Inhibition of PED6 metabolism is first detected at 6.25 μM (compounds 2 and 10), whereas the remaining compounds were first active at 25 μM (Figure 1C–H shows dose response for compound 2). In separate experiments (described in the Methods section), combined gallbladder and intestinal fluorescence of individual compound treated larva was quantified using fluorescence microscopy. This showed that the active compounds reduced PED6 metabolism between 51%–67% (Figure 1I and Figure S1). Of the 8 active compounds, only 1 has been used in humans; clofazimine (compound 10), a rhininophenazine dye with antimicrobial and anti-inflammatory activity used to treat leprosy and other types of mycobacterial infections [21]. Although intestinal toxicity has been reported with long term use of high doses of this drug, no prior reports of altered lipid absorption have been reported [22].

We devised a series of secondary assays that allowed us to further characterize the active compounds’ mechanism of action and prioritize them for testing in mammals.

We assayed the effect of the active compounds on the ingestion of fluorescent microspheres to control for the possibility that they prevented swallowing of PED-6 from the larva’s aqueous media. This assay confirmed normal swallowing in 7 of 8 active compounds. Interestingly, the 1 compound that inhibited swallowing (compound 1; Figure S2) had no obvious effect on larval motility or cardiac function.

We assayed the effect of the active compounds on the metabolism of fluorescent cholesterol and fatty acid analogues because these dietary lipids are differentially absorbed and or processed by enterocytes compared with the phospholipid used for the primary screen, PED6.

Recent studies have shown that the intestinal absorption of dietary cholesterol is dependent on the Neiman Pick Type C 1-Like 1 protein [NPC1L1; 23, 24]. Although the function of NPC1L1 is still debated, it is generally agreed upon that it assists cholesterol transporter embedded within the apical enterocyte membrane [25–27]. NPC1L1 has not been implicated in phospholipid absorption, thus it was not predicted that the screen compounds, which were identified by their inhibition of phospholipid (PED-6) absorption, would interfere with absorption
of a fluorescent cholesterol analog, NBD-cholesterol. Surprisingly, each of the 7 active compounds inhibited metabolism of NBD-cholesterol, as determined by levels of biliary and intestinal fluorescence (Figure 2A, E, I and Figure S1).

We next measured the effect of the active compounds on the absorption of fluorescent short chain fatty acid (SCFA) and long chain fatty acid (LCFA) analogs. (Figure 2 and Figure S1). The distinction between acyl-chain length is important because LCFA are thought to be taken up from the intestinal lumen by a protein mediated process whereas SCFA are thought to enter the enterocytes via simple diffusion [28,29]. In addition, LCFA require incorporation into lipoprotein particles for transport from enterocytes to the liver whereas SCFA enter the blood directly and are transported bound to albumin and other serum proteins [29]. All 7 compounds inhibited metabolism of the LCFA C-16 bodipy (Figure 2B, F, J) but only 2 had an effect on SCFA C-5 bodipy metabolism (Figure 2C, G, D, H, K). Inhibition of native C5-bodipy processing by compounds 2 and 11 (Figure 2K) was less pronounced than inhibition of processing of LCFA, NBD-cholesterol or PED6 (Figure 2J, I; 1I).

Each of the active compounds from the primary screen inhibited PED6, NBD-cholesterol and Bodipy-C16 (LCFA) metabolism. In contrast, orlistat, a pancreatic lipase inhibitor, and ezetimibe, which targets NPC1L1, are reported to inhibit absorption of only dietary lipid class; triglycerides, and cholesterol and structurally related phytosterols, respectively. To determine whether the non-selectivity of the active compounds arose from a non-specific disruption of endocytic absorptive pathways in enterocytes, we assayed in vivo processing of the styryl dye AM1-43. AM1-43 is a fixable derivative of FM1-43, a reagent that has been extensively used to study endocytosis [30]. When ingested by zebrafish larvae, AM1-43 strongly labels the apical plasma membrane of enterocytes. The number and size of AM1-43 labeled vesicles that can be detected in the cytoplasm of these cells provides a qualitative assessment of bulk endocytosis through the apical plasma membrane [31]. 3 of the 7 active compounds (compounds 2, 7, A10) caused a marked reduction in AM1-43 processing (Figure 3A-D). Fluorescent cytoplasmic vesicles could only be detected in small percentage of the enterocytes from these larvae (n = a minimum of 10 sections from 7 compound treated and wild type larvae). The vesicles that were detected were also smaller and had lower fluorescent emission. The effect of the remaining 4 compounds (10, 11, B10, B11; Figure 3E-H and data not shown) was deemed less pronounced because a larger number of fluorescent vesicles were detected in enterocytes of treated larvae.

To determine whether the active compounds identified in the primary screen affected other aspects of digestive physiology we assayed protease activity using a quenched bodipy labeled casein protein. Cleavage of this reporter by pancreatic proteases generates fluorescent peptides that can be detected in the intestinal lumen of wild type larvae [32]. Intestinal fluorescence derived from the casein reporter was minimally reduced in larvae treated with 5 of 7 compounds (compounds 2, 10, 11, B10, B11; Figure 4). Treatment with 2 compounds (7 and compound A10) caused a profound reduction in the metabolism of the casein reporter (Figure 4).

Changes in gallbladder and intestinal fluorescence detected in the primary screening assay detected could have arisen from a reduction in either intestinal and or hepatic lipid processing. We fed compound treated larvae egg yolk and after allowing time for its absorption, we performed whole mount stainings using the lipophilic dye oil red o (ORO) to determine whether yolk-derived lipids accumulated in either organ (Figure 5). Wild type larvae fed egg yolk had strong ORO staining of the anterior intestine, as well as the blood stream, the latter arising from lipid in circulating lipoproteins [17] (Figure 5A, B). Manual dissection of the intestine showed that the ORO staining derived from small lipid droplets

![Figure 2](image)

**Figure 2. Cholesterol and fatty acid metabolism in zebrafish larvae treated with novel lipid absorption inhibitors.** (A–H) Representative fluorescent images of live 6 day post-fertilization wild type and compound treated larvae following ingestion of NBD cholesterol (A, E), the LCFA BdpC16 (B, F), and the SCFA BdpC5 (C, D, G, H). All compounds used at 25 uM. Larvae treated with compound 2 showed reduced metabolism of NBD-cholesterol, BdpC16 (not shown), and BdpC5 whereas larvae treated with compound 7 have reduced metabolism of BdpC16, but not BdpC5. (I, J, K) Effect of the active compounds on lipid reporter metabolism, as determined by gallbladder and intestinal fluorescence measured from individual larvae. Red arrow - gallbladder; red asterisk - intestine. Error bars – standard deviation.

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within the enterocyte cytoplasm (data not shown). Lipid within the intestinal lumen was not detected in any wild type larvae (n = 10).

Each of the 7 active compounds tested reduced intestinal lipid (Figure 5C–H and data not shown). Lipid was detected in enterocytes of all compound treated larvae, but at far lower levels than in wild type, except in larvae treated with compound 10 (Figure 5E). Here luminal lipid was detected. No evidence of hepatic lipid accumulation was evident. Collectively, these findings are compatible with reduced intestinal lipid absorption in compound treated larvae.

Compound synergy was examined in binary combinations of the 7 remaining active compounds with each other and with ezetimibe. Each compound was assayed at the highest concentration deemed inactive and the lowest dose considered active in the visual dose response experiment. These experiments identified potential synergism between compounds 2 and 10 (data not shown).

The two most commonly prescribed lipid absorption inhibitors, orlistat and ezetimibe, are generally considered to be selective inhibitors of triglyceride, and cholesterol and phytosterol absorption, respectively. To gain a better understanding of the mechanism of action of the novel compounds identified in our screen, we examined how these drugs affected absorption of fluorescent lipid reporters in zebrafish larvae.

Both drugs were assayed in an identical fashion as the screen compounds. Orlistat had no effect on the metabolism of any of the

Figure 3. Endocytosis in zebrafish larvae treated with novel lipid absorption inhibitors. (A–H) Histological cross-sections through the anterior intestine of control and compound treated larvae following ingestion of AM1-43. AM1-43 uptake is inhibited in larvae treated with compounds 2, 7 and A10 whereas it is only slightly diminished in larvae treated with compounds 10, B10 and B11. Cell nuclei (blue) stained with Dapi. All compounds used at 25 uM.
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Figure 4. Digestive protease activity in compound treated larvae. (A–C) Representative fluorescent images of live wild type and compound treated larvae following ingestion of a quenched bodipy conjugate of casein. Bright fluorescence is seen in the intestine of the wild type larva and the larva treated with compound 2, while minimal fluorescence is detected in the intestine of the larva treated with compound 7. (D) Quantification of the effect of the active compounds on bodipy-casein metabolism, as determined by gall bladder and intestinal fluorescence measured from individual larvae. Arrow - gallbladder; asterisk - intestine. Error bars – standard deviation. All compounds used at 25 uM.
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lipid reporters (data not shown). This was predicted, however because none are processed by pancreatic lipase, which is responsible for hydrolysis of triglycerides [33]. In contrast to orlistat, ezetimibe was predicted to inhibit absorption of NBD-cholesterol because the amino acid domain of dog Npc1l1 required for high affinity binding to ezetimibe [34,35] is highly conserved in both human NPC1L1 and the predicted zebrafish Npc1l1 protein (42 identical, 11 conserved and 10 non-conserved residues; Figure S3). Indeed, larvae treated overnight with the highest ezetimibe dose tested (50 uM) showed a 78% reduction of gallbladder and intestinal fluorescence derived from NBD-cholesterol (Figure 6A–C, J). Treatment with lower doses (37.5 uM, 25 uM, 12.5 uM, 6.25 uM) showed proportionately less inhibition (Figure S4). Unexpectedly, ezetimibe also reduced metabolism of the phospholipid PED-6 and the saturated long chain fatty acid (LCFA) Bodipy-C16 (Figure 6D, E, G, H, J). As predicted, ezetimibe had minimal effect on the metabolism of SCFA Bodipy-C5 (Figure 6F, I, J). ORO stainings of yolk-fed larvae confirmed reduced lipid absorption was reduced by ezetimibe treatment (Figure 5I). Ezetimibe had no effect on digestive protease function in zebrafish larvae (data not shown).

Previous work suggests that ezetimibe interferes with intestinal cholesterol absorption by disrupting the incorporation of NPC1L1 into clathrin-coated vesicles [27]. This mechanism does not predict that ezetimibe will interfere with fatty acid or phospholipid uptake by enterocytes, neither of which are known to be dependent on NPC1L1. Because of this, we speculated that ezetimibe had a broader disruptive effect on intestinal endocytic mechanisms. To examine this, we measured uptake of AM1-43 in ezetimibe treated larvae. Compared with control larvae, ezetimibe (50 uM) treated larvae had a markedly reduced number of AM1-43 labeled vesicles in enterocytes of the anterior
intestine, the site of lipid absorption in zebrafish larvae (Figure 7A, B). The effect of ezetimibe on AM1-43 uptake was dose responsive (Figure 7C, D).

To gain additional insight into the mechanism of action of ezetimibe as well as the active compounds that affected endocytosis (2, 7, A10), we compared their effect on AM1-43 metabolism with the effect of methyl-β-cyclodextrin (MβC), a reagent that disrupts membrane lipid rafts by extracting membrane cholesterol [36–38]. Pretreatment of zebrafish larvae with MβC for four hours strongly inhibited endocytic uptake of AM1-43 by enterocytes (Figure 7E). Recovery of endocytic function was detected eight hours after MβC withdrawal (Figure 7F), but was prevented in larval unable to replenish membrane cholesterol because of concomitant treatment with the cholesterol synthesis inhibitor atorvastatin (Figure 7G). Atorvastatin treatment on its own had no effect on AM1-43 processing (Figure 7H). Like ezetimibe and the compounds that interfered with AM1-43 processing, MβC inhibited C-16 bodipy metabolism, and this too was reversed by repletion of membrane cholesterol (Figure 7I). MβC had minimal effect on C-5 bodipy metabolism (Figure 7J), most likely because enterocytes absorb SCFA via passive diffusion.

Discussion

The principal findings of this study support the utility of zebrafish screening assays for lead compounds that can be developed into new drugs that inhibit lipid absorption. The screen utilized fluorescent lipid analogs to directly assay intestinal lipid absorption in larvae treated with novel chemical compounds, thus distinguishing it from a study that examined the effects of known drugs on endogenous yolk-lipid metabolism in younger zebrafish larvae [39]. Using this screen we show that it is not only possible to rapidly identify compounds that disrupt lipid metabolism with comparable efficacy to ezetimibe, the most commonly used drug in this class of pharmaceutical agents, but importantly, that secondary assays allow their prioritization for subsequent evaluation in mammalian models. Thus, even though a relatively high percentage (1.3%) of the compounds analyzed in our primary screen were initially scored as active, most of these were quickly}

![Figure 7. Membrane cholesterol depletion and ezetimibe inhibit endocytosis and fatty acid metabolism in zebrafish larvae.](image-url)
determined to be either false positives (1.1%), or were acutely toxic to adult fish (0.1%). Of the remaining 8 compounds (0.2%), 1 was shown to inhibit swallowing, thus leaving 7 compounds for more detailed secondary analyses.

The secondary assays we devised took advantage of the ability to conduct simple studies in zebrafish larvae that have well formed organ systems with remarkably conserved physiology. The first set of assays evaluated how each of the active compounds affected metabolism of 3 different classes of lipids. 5 of the 7 compounds studied functioned comparably to ezetimibe, which inhibited processing of cholesterol, LCFA and phospholipids analogues. The remaining 2 compounds inhibited processing of these lipids as well as the SCFA C-5 bodipy whose absorption was unchanged even following membrane disruption with MJIC. Irrespective of the cellular processes affected by these 2 compounds, the fact that they inhibited uptake of a lipid (SCFA) that normally enters enterocytes via simple diffusion warrants their elimination from consideration for drug development.

The second secondary assay scored each compound’s effect on enterocyte endocytic pathways, as measure by AM1-43 processing. Although not as easily quantified as fluorescent lipid metabolism, the number of enterocyte fluorescent endocytic vesicles was significantly reduced in larvae treated with 3 of the active compounds. Although the effects of these 3 compounds were comparable to ezetimibe, additional secondary assays eliminated them from further consideration for drug testing. One of the three compounds (compound 2) inhibited SCFA (Bodipy-C5) metabolism. The remaining two compounds (compound 7, A10) inhibited processing of a quenched fluorescent casein derivative that is normally metabolized by pancreatic proteases secreted in response to CCK [40], an intestinal hormone whose cognate receptor is metabolized in pancreatic acinar cells and other tissues by clathrin-dependent and clathrin-independent endocytic mechanisms. Given their effects on enterocyte membrane dynamics (as measured by AM1-43 processing), we speculate that compounds 7 and A10 interfered with CCK activity either by disrupting endocytosis of the CCK receptor (since this has been reported to promote CCK signaling in pancreatic acinar cells; 40, 41), or by altering ligand induced changes in CCK receptor oligomerization or sequestration in the acinar cell plasma membrane [41, 42].

Based on the secondary assays, the remaining 3 active compounds (compounds 10, B10 and B11) could be considered candidates for testing in mammals. All of the compounds interfered with the absorption of phospholipid, cholesterol and LCFA reporters, we initially thought that they non-specifically interfered with enterocyte absorptive mechanisms, thus potentially precluding their utility for drug development. Arguing against this, we found that ezetimibe had comparable effects on lipid absorption in zebrafish larvae. While this could indicate that ezetimibe functions differently in zebrafish than in mammals, recent studies suggest that ezetimibe interferes with dietary fat absorption in mice and humans [43, 44]. As these effects on fat absorption were relatively modest, they may have been overlooked in previous studies. Nonetheless, they are consistent with our zebrafish data.

The comparable effects of ezetimibe and MJIC on AM1-43 processing and fatty acid absorption lead us to speculate that ezetimibe has a broader effect on enterocyte membrane dynamics than previously recognized [27, 45]. As result, ezetimibe might interfere with the incorporation into lipid rafts of membrane proteins that are required for fat absorption, in addition to its effects on NPC1L1. A recent study suggests such a role for the SR-BI/CLA-1 scavenger receptor [46], which has previously implicated as playing a role in dietary fat absorption [47–49]. As the screen compounds we considered best suited for testing in mammals had a less pronounced effect on AM1-43 uptake than ezetimibe, it is conceivable that they inhibit lipid absorption via unique mechanisms.

Materials and Methods

Zebrafish husbandry and care of embryos and larvae has been previously described [50]. All animals were handled in strict accordance with good animal practice as defined by the relevant national and/or local animal welfare bodies, and all animal work was approved by the institutional IACUC.

5 day post-fertilization zebrafish larvae (n = 6) were added to each well of a 96 well plate in 80 ul of E3 embryo media. To each well, 20 ul of 125 mM stock of one test compound in 2% DMSO was added (final concentration 25 mM). The larvae were incubated overnight at 28 degrees celsius. The following morning PED-6 (Invitrogen) was added to each well at a final concentration of 0.1 ug/ml. Gallbladder and intestinal fluorescence was determined by visual inspection of each well 6 hours later using a Olympus BX81 fluorescent inverted microscope. Compounds that caused a qualitative reduction in gallbladder and intestinal fluorescence were considered positive in the original primary screen. As not all larvae in the 96 well plates could be confidently scored, a compound was considered active if gallbladder fluorescence was reduced in at least 3 well visualized larvae. Active compounds identified in the primary screen were retested in a visual dose response assay. Most compounds were tested at 6.25 uM to 100 uM. Others were tested at 25 uM – 100 uM. The dose response assay was conducted identically to the primary screen. Compounds were considered active if all larvae showed inhibition of gallbladder and intestinal fluorescence. For quantification of gallbladder and intestinal fluorescence individual larvae were removed from the 96 well plates and arrayed on a depression slide and imaged using an Olympus BX71 fluorescent microscope. Total gallbladder and intestinal fluorescence in digital images of each larva was quantified using Slidebook software.

Commercially acquired zetimibe tablets were crushed with a glass rod in a 10 mL round bottom flask, taken up in DMSO (4 mL), and stirred for 1 h at 23°C. The solution was filtered with an HPLC filter and water added (1 mL). The sample was purified utilizing preparative LC-MS and 8 mg of zetimibe was obtained. Zetimibe obtained employing these conditions was found to be analytically pure by LC-MS analysis. For all assays, 5 day post-fertilization zebrafish larvae were incubated overnight in purified ezetimibe at the test concentrations indicated and then subjected to assays as described for the compound treated larvae.

Assays of short chain fatty acid (SCFA; Bodipy-C5), long chain fatty acid (LCFA; Bodipy-C16) and cholesterol (NBD-cholesterol) were conducted identically to the primary screen as previously reported [19]. All reagents were purchased from Invitrogen. For the digestive protease assay, larvae were treated identically to the primary screen but instead of PED-6 the larvae were soaked in quenched bodipy-casein (EnzCheck-Invitrogen) as recently described [31]. For the swallowing assay, compound treated larvae were soaked in fluorescent microspheres (Invitrogen) for 5 hours. The larvae were then washed and intestinal fluorescence quantified microscopically as previously noted. The AM1-43 assay was performed as previously described using larvae treated overnight with either the active compounds or ezetimibe [30]. Qualitative analysis of endocytosis was performed by examining enterocyte AM1-43 uptake in a minimum of 10 histological cross sections from 7 larvae within each experimental group. When indicated, larvae were incubated in methyl-β-cyclodextrin (Ad-
fluorescence. 4 larvae analyzed at each time point. Error bars are pound treated larvae: Values represent intestinal and gallbladder

(doc)

Table S1

Active compounds derived from primary and secondary screening assays.

Table S2

The effect of ezetimibe and compound 14 on fat, liver, heart, and zebrafish fluorescence in ezetimibe treated larvae (6.25 uM, 12.5 uM, 25 uM and 37.5 uM). N = 6 larvae for each dose. Error bars indicate standard deviation.

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Figure S3

Conserved ezetimibe binding domain in human and zebrafish NPC1L1 protein: The 62 amino acid tract of NPC1L1 shown to mediate binding of ezetimibe (amino acids 510 to 572). 41 of the amino acids in the human and zebrafish proteins are identical, 11 are conserved and 10 and non-conserved. Conserved phenylalanine (F) and methionine (M) residues required for high-affinity binding are shown in red.

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Figure S4

Ezetimibe inhibits cholesterol metabolism in zebrafish larvae: Mean percent inhibition of intestinal and gallbladder fluorescence in ezetimibe treated larvae (6.25 uM, 12.5 uM, 25 uM and 37.5 uM). N = 6 larvae for each dose. Error bars indicate standard deviation.

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Author Contributions

Conceived and designed the experiments: JC MP. Performed the experiments: JC MP. Analyzed the data: JC ADN DH SLD MP. Contributed reagents/materials/analysis tools: EL MM ADN KH SAF ABSI DH SLD. Wrote the paper: MP.