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New Ekpyrotic Cosmology

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Abstract
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New ekpyrotic cosmology

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In this paper, we present a new scenario of the early universe that contains a pre-big bang ekpyrotic phase. By combining this with a ghost condensate, the theory explicitly violates the null energy condition without developing any ghostlike instabilities. Thus the contracting universe goes through a nonsingular bounce and evolves smoothly into the expanding post-big bang phase. The curvature perturbation acquires a scale-invariant spectrum well before the bounce in this scenario. It is sourced by the scale-invariant entropy perturbation engendered by two ekpyrotic scalar fields, a mechanism recently proposed by Lehners et al. Since the background geometry is nonsingular at all times, the curvature perturbation remains nearly constant on superhorizon scales. It emerges from the bounce unscathed and imprints a scale-invariant spectrum of density fluctuations in the matter-radiation fluid at the onset of the hot big bang phase. The ekpyrotic potential can be chosen so that the spectrum has a red tilt, in accordance with the recent data from WMAP. As in the original ekpyrotic scenario, the model predicts a negligible gravity wave signal on all observable scales. As such “new ekpyrotic cosmology” provides a consistent and distinguishable alternative to inflation to account for the origin of the seeds of large-scale structure.

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1. INTRODUCTION

Over the past decade observations of the microwave background temperature anisotropy have revealed that the large-scale structure in our universe originates from primordial perturbations that are nearly scale-invariant, adiabatic, and Gaussian. Since these coincide with the predictions of the simplest inflationary models, this is widely regarded as evidence for inflation. However this does not constitutes a proof, and it is prudent to keep in mind that the seeds for structure formation could originate from a different mechanism. Ultimately our faith in inflation must rely on the absence of a compelling alternative paradigm.

In this paper, we present a fully consistent and complete scenario of early universe cosmology which produces a nearly scale-invariant spectrum of density fluctuations without invoking a period of accelerated expansion. The model is strongly inspired by and borrows key ingredients from ekpyrotic [1–3] and cyclic [4] cosmology, in particular, the idea that density perturbations are generated during a slow contracting phase prior to the big bang. A key difference, however, is that the cosmological evolution is now completely nonsingular and avoids any big crunch singularity. Moreover, perturbations remain in the linear regime throughout. Thus, entirely at the level of a 4d effective theory, we are able to produce a scale-invariant spectrum of density fluctuations, track its evolution through the reversal from contraction to expansion, and its transmission to the matter-radiation fluid at the onset of the hot expanding phase. The idea of a contracting phase prior to the big bang originated in pre-big bang cosmology. Density perturbations and the evolution from the contracting to the expanding phase have been discussed in this context. See [5] for a review.

The key ingredient in ekpyrosis is a scalar field rolling down a negative, nearly exponential potential. If the coefficient in the exponent is sufficiently large, then, as the scalar field rolls down the potential, its fluctuations acquire a nearly scale-invariant spectrum spanning 60 e-foldings in comoving wave number [1,6]. Since the potential energy is negative, this occurs in a slowly contracting Friedmann-Lemaître-Robertson-Walker (FLRW) geometry and, hence, with a rapidly decreasing Hubble radius. In some sense this ekpyrotic phase is “dual” to inflationary cosmology [6,7], which, in contrast, is a period of exponential expansion with nearly constant Hubble radius. The difference in dynamics, however, leads to a distinguishing observational prediction: the inflationary gravitational wave spectrum is nearly scale invariant, whereas that of ekpyrosis is not [1,8]. In ekpyrotic theories, the gravitational wave spectrum is strongly blue and, hence, the amplitude is exponentially suppressed on all observable scales [8].

An important obstruction facing ekpyrotic theory is how to “bounce” from the contracting phase to an expanding phase, which requires a violation of the null energy condition (NEC). This is no small feat, however, since nonsingular theories that violate the NEC generally suffer from violent instabilities, such as ghosts or tachyons of arbitrarily large mass [9]. In the big bang/big crunch ekpyrotic scenario of [2,3], as well as in the cyclic model [4], one therefore allows the FLRW space-time to crunch, invoking stringy effects to effectively violate the NEC and generate a smooth bounce. This is motivated by the relative mildness of the singularity [2]. (Understood, for example, as a collision of end-of-the-world branes in heterotic M theory [10,11], only the fifth dimension shrinks to zero size while the three large dimensions remain finite.) Despite considerable effort in string theory [12] and compelling physical
arguments [13], there is still no proof that a bounce is possible.

Recently, however, NEC-violating solutions [14] have been derived in the context of ghost condensation [15,16]. Since these models involve higher-derivative kinetic terms, they evade the assumptions of [9] and therefore yield ghost-free solutions.

In this paper, we show explicitly how the NEC-violating ghost condensate can be merged consistently with the preceding ekpyrotic phase to generate a nonsingular bouncing cosmology. This merger involves many subtleties. For instance, since the energy density of an NEC-violating fluid grows in an expanding universe, whereas everything else redshifts, it quickly comes to dominate the universe. But in a contracting universe precisely the opposite happens: the NEC-violating component goes to zero while any amount of radiation or scalar kinetic energy blueshifts. Thus, achieving a bounce hinges on an efficient transfer of energy from the ekpyrotic scalar, which dominates during the ekpyrotic phase, to the ghost condensate, which achieves the bounce. To realize this, we therefore propose that they are, in fact, one and the same field. The higher-derivative kinetic function is chosen to be nearly canonical during the ekpyrotic phase, while higher derivatives become relevant only as we approach the bounce. This translates into consistency relations between the kinetic function and the scalar potential, which we derive explicitly. We argue that these conditions are realized for a wide class of kinetic functions and scalar potentials.

Armed with a nonsingular cosmological evolution, we can address the propagation of density perturbations through the bounce, an issue that has stirred a lot of controversy over the past few years [17]. Although the fluctuations in the scalar field and the gauge-invariant Newtonian potential are scale invariant, it turns out that their growing mode precisely cancels out of $\zeta$ — the curvature perturbation on uniform-density hypersurfaces [18]. The latter is a useful variable to track since it is conserved on superhorizon scales, in the absence of entropy perturbations. Thus, as long as 4d general relativity is valid, $\zeta$ remains constant, independent of the physics of the bounce. In the context of the big bang/big crunch ekpyrotic or cyclic models, however, 4d gravity must break down near the singularity and therefore the issue of what happens to $\zeta$ remains unresolved. Some maintain that the likely matching condition is for $\zeta$ to be continuous, most convincingly [19], while others argue that higher-dimensional effects near the singularity could lead to mode mixing and endow $\zeta$ with a scale-invariant contribution [20–22]. Nevertheless, one must also deal with the fact that this mode diverges logarithmically near the singularity, resulting in a breakdown of perturbation theory, although matching prescriptions based on analytic continuation have been proposed [20,23].

In our case, the evolution is completely nonsingular and, hence, the outcome of the perturbations is unambiguous: $\zeta$ is conserved. To generate a scale-invariant spectrum we rely instead on a recently proposed mechanism using entropy perturbations [24,25]. For earlier and closely related work, see [26–29]. If we have two scalar fields, each rolling down a steep, negative, and nearly exponential potential, then each of them acquires a scale-invariant spectrum of fluctuations, as described earlier. Moreover, the entropy perturbation — corresponding to the difference in the scalar fluctuations — is also scale invariant [24,27]. By converting this entropy perturbation into the adiabatic mode (i.e., $\zeta$), the curvature perturbation thus becomes scale invariant long before the bounce. In the inflationary context, the idea of using a spectator field to generate a scale-invariant spectrum of entropy perturbations, later to be imprinted on the adiabatic mode, was also considered in the curvaton [30] and modulon scenarios [31].

In this paper, we propose a concrete realization of the entropy generation mechanism. We consider two ekpyrotic scalar fields, each with its own negative potential and its own higher-derivative kinetic function. As the fields roll down their respective potentials, the entropy perturbation acquires a scale-invariant spectrum. To convert this spectrum into the adiabatic mode, we assume that the ekpyrotic potentials are such that one field exits the ekpyrotic phase and enters the ghost condensation regime before the other. More precisely, the potential in the ekpyrotic phase is steep and negative, as mentioned earlier, while in the ghost-condensate phase it must be positive. Thus this transition is marked by a sharp rise in the potential. If the potentials are such that one field hits the transition before the other, this will result in a sharp turn in the trajectory in field space, and in the process, $\zeta$ will acquire a scale-invariant piece from the entropy perturbation. We calculate the resulting $\zeta$ explicitly and find an expression that closely resembles its inflationary counterpart. This confirms earlier claims that the required level of tuning on the ekpyrotic potential is comparable to that in inflation.

For exact exponential potentials, we find that the resulting spectral tilt is slightly “blue,” which, at first sight, is disturbing in light of the recent WMAP evidence for a small “red” tilt. However, we show that deviations from the pure exponential form can lead to a small red tilt. See also [24] for an independent derivation. This is shown explicitly in the case that the potentials for the two scalar fields are identical, albeit not exactly exponentials. This simplification is made only to facilitate the analysis, and we do not believe that the resulting red tilt hinges on it. In this limit we derive an exact evolution equation for the entropy perturbation, cast entirely in terms of the background equation of state, which closely resembles analogous results in inflation [32] and old (single-field) ekpyrotic theory [33]. The resulting spectral tilt acquires a dependence on the degree of departure from pure exponential form, and, in particular, can be red.

Coming back to the background evolution, one of the potential dangers with contracting universes is that the
FLRW background is unstable to the onset of chaotic mixmaster behavior \([34,35]\). In \([36]\) it was shown that mixmaster behavior is suppressed if the dominant energy component has equation of state \(w \gg 1\), as is the case in the ekpyrotic contracting phase. In singular ekpyrotic theories, as the universe approaches the singularity the equation of state must eventually revert to \(w = 1\), and mixmaster behavior can potentially resurface. A necessary condition to avoid a chaotic bounce is that the anisotropy and curvature components be exponentially suppressed at the onset of the \(w = 1\) phase so that they remain subdominant all the way to the string or Planck scale, where 4d gravity breaks down anyway.

Mixmaster issues also apply to our new scenario but are trivially satisfied since the bounce is nonsingular. The \(w \gg 1\) ekpyrotic phase exponentially suppresses anisotropy and curvature components. The latter grow again during the NEC-violating phase, but only by an insignificant amount since the bounce occurs within one e-fold of contraction.

To summarize, our scenario is a complete and unambiguous template for early universe cosmology. It provides an alternative explanation for the origin of the seeds of structure formation in which perturbations are generated long before the bounce, all within a singularity-free and finite FLRW background. The bounce is entirely described at the level of a consistent effective theory, which is free of ghostlike instabilities or other pathologies. Mixmaster behavior is trivially avoided. Perturbations remain in the linear regime, and their evolution can be tracked through the bounce. Since 4d gravity remains valid throughout, the curvature perturbation \(\zeta\) goes through unscathed. And since \(\zeta\) acquires a scale-invariant spectrum long before the bounce, thanks to the entropy perturbation conversion mechanism, it is unequivocally scale invariant after the transition. The universe therefore emerges in a hot big bang phase, endowed with a superhorizon spectrum of scale-invariant fluctuations. While the approach presented here is closely related to and borrows key elements of the original ekpyrotic scenario \([1]\), our new scenario resolves all of its shortcomings, such as generating a bounce. It also resolves the important issues of singularity avoidance and the fate of the perturbations that occurs in \([2–4]\). For these reasons, we call it “new ekpyrotic cosmology.”

As it stands the new ekpyrotic scenario is precisely that, a scenario. In principle, it might be implemented in various ways in different fundamental theories of particle physics. That being said, this scenario maintains the motivations of the original ekpyrotic model \([1]\), namely, as the cosmology associated with the singularity-free collision of a bulk fivebrane \([37,38]\) in heterotic M theory with the observable boundary wall. Indeed, we have computed the potential in such a theory and find that it can satisfy many of the constraints required in the new ekpyrotic model. This potential will be presented elsewhere \([39]\). A further motivation is that a realistic matter spectrum can appear on the observable wall of such theories; see, e.g., \([40]\). Hence, our scenario can potentially occur in a realistic context. More generally, we emphasize that, with the exception of the so-called no-scale theories, a supersymmetric minimum in the scalar space of any 4d \(N = 1\) supergravity theory, including effective low energy superstring theories, has a negative cosmological constant. This can remain true in the presence of flux and nonperturbative effects, even for a vacuum that breaks supersymmetry \([41]\). Therefore, potentials consistent with ekpyrotic cosmology, i.e., where scalars roll down a steep negative potential energy, appear naturally in this context.

A more pressing question is whether a ghost condensate can occur in string theory. It has been argued that this is impossible given the known analytic properties of the string \(S\) matrix \([42]\). See \([43]\), however, for a recent attempt to overcome these difficulties. Without question, higher-derivative interactions do occur in string theories, but whether they are of the requisite form is an open issue. Ultimately a nonsingular bounce might arise from very different physics, unrelated to string theory. In fact, the NEC could conceivably be smoothly violated by a different mechanism than ghost condensation. Be that as it may, many of our results would continue to apply to any such mechanism. The rationale for focusing here on the ghost condensate is to provide an explicit and complete realization of our new scenario.

In Sec. II we review the essential concepts of the ekpyrotic phase, as a theory of a scalar field rolling down a negative potential. We show how the fluctuations in this field acquire a scale-invariant spectrum, which unfortunately projects out of the curvature perturbation. In Sec. III we extend the discussion to two scalar fields and review the mechanism proposed by \([24,25]\) to generate a scale-invariant spectrum for the entropy perturbation. In Sec. IV we derive an explicit expression for the spectral tilt and argue that it can be slightly red, in agreement with recent microwave background data. We show in Sec. V how this gets imprinted into the curvature perturbation by requiring that the two fields exit the ekpyrotic phase at different times. Next we turn to the bounce, first, in Sec. VI, discussing general requirements on its physics, followed by a brief review of ghost condensation in Sec. VII. In Sec. VIII we show in detail that the ekpyrotic phase and ghost condensate can be merged successfully to generate a nonsingular cosmological scenario, and derive consistency requirements on the kinetic function and scalar potential. Section IX presents a short discussion of the physics of reheating in this scenario, while Sec. X provides some concluding remarks.

II. REVIEW OF SINGLE-FIELD EKPYROSIS

At the level of a 4d effective description, the basic ingredients of the simplest ekpyrotic scenario are essentially the same as in inflation, namely, a scalar field \(\phi\)
rolling down some self-interaction potential $V(\phi)$. A key
difference, however, is that while inflation requires a flat
and positive potential, its ekpyrotic counterpart is steep and
negative. This has a dramatic impact on the cosmological
evolution. Instead of accelerated expansion, an ekpyrotic
theory has slow contraction. Instead of an exponentially
growing scale factor and nearly constant Hubble radius,
corresponding to approximate de Sitter geometry, we now
have a nearly constant scale factor and rapidly shrinking
Hubble radius, corresponding to approximately flat space.

**A. Ekpyrotic potential**

A generic ekpyrotic potential, shown in Fig. 1, consists
qualitatively of three parts. In the region denoted by (a), the
potential must be steep and negative. As the field rolls
down this part of the potential, there is a scaling solution,
which is an attractor, corresponding to very slow
contraction.

It is also during this phase that large-scale density fluc-
tuations are generated as modes exit the horizon. As we
will review later, in order for the spectrum to be nearly
flat, the potential must satisfy the “fast-roll” condi-
tions [44]:

$$\epsilon \ll 1; \quad |\eta| \ll 1,$$

where

$$\epsilon \equiv M_{Pl}^2 \left( \frac{V}{V_{,\phi}} \right)^2; \quad \eta = 1 - \frac{V_{,\phi} V}{V_{,\phi}^2}$$

are fast-roll parameters, in analogy with the standard slow-
roll parameters in inflation. Here $V_{,\phi} \equiv dV/d\phi$, and $M_{Pl}$
is the “reduced” Planck mass: $M_{Pl} = 2.4 \times 10^{18}$ GeV.
These conditions, respectively, require the potential to be
steep and nearly exponential, and thus region (a) of the
potential can be approximated by

$$V(\phi) = -V_0 \exp\left(-\frac{2}{p} \frac{\phi}{M_{Pl}}\right),$$

with $p \ll 1$.

Much as inflation ends when the flatness condition
breaks down, here, as well, the scaling behavior terminates
once Eqs. (2.2) are no longer satisfied. In order to avoid
being left with a large negative vacuum energy at the end of
the ekpyrotic phase, let us assume that the potential has a
minimum and rises back up towards positive values, as
shown in region (b) of Fig. 1.

There is considerable freedom in specifying the shape of
the potential further to the left of the minimum, that is, in
region (c). Since it is in this region that the universe
reverses from contraction to expansion, the detailed shape
of the potential is dependent on the explicit mechanism

\footnote{Recall that the slow-roll parameters in inflation are $\epsilon_{inf} = \frac{M_{Pl}^2 V_{,\phi}^2}{2}$ and $\eta_{inf} = M_{Pl}^2 V_{,\phi}^2$.}

\[\text{FIG. 1. Generic shape of the ekpyrotic scalar potential.}\]

\[\text{producing the bounce. In this paper, we will use ghost}
\text{condensation to generate a nonsingular bounce where all}
\text{instabilities are under control. As we will see in Sec. VII,}
\text{this requires a flat and positive potential in region (c), as}
\text{sketched in Fig. 1.}\]

**B. Scaling solution**

The ekpyrotic phase occurs as the field rolls down the
steep, negative exponential part of the potential: region (a)
in Fig. 1. In this paper, we take the background geometry to
be a homogeneous, isotropic FLRW space-time which is
spatially flat. That is,

$$ds^2 = -dt^2 + a(t)^2 d\mathbf{x}^2.$$  \hspace{1cm} (2.4)

Furthermore, in this section, $\phi$ is chosen to have canonical
kinetic energy and no higher-derivative interactions. The
equations of motion are then given as usual by the
Friedmann equation,

$$3H^2 M_{Pl}^2 = \frac{1}{2} \phi^2 + V(\phi),$$  \hspace{1cm} (2.5)

as well as the evolution equation for the scalar field:

$$\ddot{\phi} + 3H \dot{\phi} = -V_{,\phi}.$$  \hspace{1cm} (2.6)

For the potential (2.3), it is easily seen that these equations
allow for an exact scaling solution [3,19,33]

$$a(t) \sim (-t)^p; \quad H = \frac{p}{t};$$

and

$$\phi(t) = \sqrt{2p} M_{Pl} \log\left(-\frac{V_0}{M_{Pl}^2 p(1-3p)t}\right).$$  \hspace{1cm} (2.7)

where $t$ is negative and increases towards zero. Hence the
solution describes a slowly contracting universe. Since $p \ll 1$, we see that the kinetic and potential energy of
the scalar are both large in magnitude, but nearly cancel
each other to yield a small total energy density. In other words, \( \phi^2/2 \gg H^2M_{\text{Pl}}^2 \) and \( |V| \gg H^2M_{\text{Pl}}^2 \).

This scaling solution, moreover, has the desirable property that it is an attractor. Indeed, the scalar field has the equation of state of a very stiff fluid:

\[
\omega \equiv \frac{P}{\rho} = \frac{2}{3p} - 1 \gg 1. \tag{2.8}
\]

This means that its energy density behaves as \( \rho_\phi \sim a^{-2p} \). But since \( p \ll 1 \), this energy component bluishifts much more rapidly than any other relevant contribution to the Friedmann equation. Any curvature \( \sim a^{-2} \), matter \( \sim a^{-3} \), radiation \( \sim a^{-4} \), and anisotropy \( \sim a^{-6} \) component, for instance, quickly becomes subdominant to the scalar field energy density. Incidentally, this is precisely analogous to inflation where the scalar potential gives a nearly constant source in the Friedmann equation. Such a term therefore redshifts much more slowly than any of the aforementioned relevant contributions, which is why accelerated expansion is an attractor.

### C. Density perturbations—Newtonian potential analysis

By far the most important feature of a negative exponential potential, however, is that it generates a scale-invariant spectrum of fluctuations in the scalar field, even when the gravitational interactions are turned off. Indeed, in the absence of gravity, (2.6) can be integrated trivially:

\[
\dot{\phi} = -\sqrt{-2V}, \tag{2.9}
\]

where we have set the total energy to zero. For the pure exponential potential (2.3), the solution is

\[
-\tau = \int_0^\phi \frac{e^{\phi/\sqrt{2}\sqrt{V_0}}}{\sqrt{2V_0}} = M_{\text{Pl}} \frac{\sqrt{\rho}}{\sqrt{V_0}} = \sqrt{\frac{2}{-V_{,\phi\phi}}}. \tag{2.10}
\]

Now fluctuations in the scalar field satisfy the perturbed equation

\[
\delta\phi_k + (k^2 + V_{,\phi\phi})\delta\phi_k = 0, \tag{2.11}
\]

which, using (2.10), can be written as

\[
\delta\phi_k + \left( k^2 - \frac{2}{\tau^2} \right) \delta\phi_k = 0. \tag{2.12}
\]

This describes a harmonic oscillator with a time-dependent mass. Assuming standard Bunch-Davies boundary conditions [45], \( \delta\phi_k \sim e^{i\xi k}/\sqrt{2k} \) as \( k(-\tau) \to \infty \), the general solution for the mode functions is given by a Hankel function of the first kind: \( \delta\phi_k \sim e^{-i\xi k}/\sqrt{2k} \sim e^{-i\xi k}/(2k)^{1/2} \). In the long-wavelength limit, \( k(-\tau) \to 0 \), this gives a Taylor expansion in \( k \),

\[
\delta\phi_k(\tau) \sim k^{-3}, \tag{2.13}
\]

corresponding to a scale-invariant power spectrum. Scale invariance can be traced back to the factor of 2 coefficient in the time-dependent term in (2.12). Remarkably, from (2.10) we see that this holds for any \( p \). When we include gravitational interactions, however, we will find that scale invariance requires \( p \ll 1 \).

Turning on gravity, the gauge-invariant variable that faithfully reproduces the above scale-invariant spectrum is the Newtonian potential \( \Phi \), the scalar metric fluctuation in Newtonian gauge. It is convenient to do the analysis in terms of a related gauge-invariant variable, \( u = a\Phi/\phi' \), where primes denote differentiation with respect to conformal time \( \tau \). Its Fourier modes satisfy [3]

\[
u_k'' + \left( k^2 - \frac{p}{(1-p)^2\tau^2} \right) u_k = 0, \tag{2.14}
\]

whose solution is once again given by a Hankel function,

\[
u_k = \frac{\sqrt{p}}{(2k)^{3/2}M_{\text{Pl}}} \frac{\sqrt{2}}{\sqrt{-k^2H_1^2(-\tau^2)}} (-\tau), \tag{2.15}
\]

where \( \nu = (1 + p)/2(1 - p) \), and we have assumed Bunch-Davies initial conditions: \( u_k \to e^{-i\xi k}/(2k)^{3/2} \). The power spectrum on large scales is then

\[
k^3u_k^2 \sim k^{-2p/(1-p)}, \tag{2.16}
\]

which is indeed scale invariant if \( p \ll 1 \). The spectral index in this limit is \( n_s - 1 = -2p \), corresponding to a slight red tilt. For more general potentials, the expression for \( n_s \) in terms of the fast-roll parameters (2.2) closely resembles its slow-roll counterpart in inflation:

\[
ns - 1 = -4(\epsilon + \eta). \tag{2.17}
\]

In particular, potentials with nontrivial \( \eta \), characterizing deviations from pure exponential, can lead to a blue tilt. The nearly static nature of the geometry during this ekpyrotic phase is underscored by the fact that only a few e-folds of contraction are needed to generate 60 e-folds worth of perturbations. The comoving wave number for any given mode is related as usual to the moment of horizon crossing by \( k \sim a[H] \sim (t)^{p-1} \). Letting \( i \) and \( j \) denote, respectively, the initial and final time during which perturbations are generated, we therefore have

\[
e^{\delta \phi} = \frac{k_f}{k_i} \sim \frac{i(t)}{t_f} \sim \frac{a_i}{a_f} \sim (1 - p/p)^{1/(1-p)}. \tag{2.18}
\]

Since the spectral tilt is constrained observationally to be within 5% of exact scale invariance, we have \( p \sim 1/40 \), and therefore

\[
\ln\left( \frac{a_i}{a_f} \right) \approx 3/2. \tag{2.19}
\]

Thus, in contrast with inflation where the universe grows exponentially big as the relevant range of modes is gen-
generated, here the universe only shrinks by a factor of order unity.

**D. Curvature perturbation**

While $u$ is all we need to specify the scalar metric perturbations, it is useful to keep track of another gauge-invariant variable $\zeta$ — the curvature perturbation on uniform-density hypersurfaces. This variable has the virtue of being constant on superhorizon scales, since there is no entropy perturbation in this single-field case. Thus, the large-scale spectrum of $\zeta$ calculated during the scaling phase automatically agrees with the spectrum at horizon reentry after reheating.

Unfortunately, it turns out that the scale-invariant growing mode of $\Phi$ calculated above precisely projects out of $\zeta$. Since the two are related by

$$
\zeta = \frac{2}{3a^2(1+w)}\left(\frac{\Phi}{a'/a^3}\right),
$$

(2.20)

it is easy to check using (2.15) and the background solution that the Newtonian potential precisely behaves as $\Phi \sim a'/a^3$ on large scales, leaving $\zeta$ with an unacceptably strong blue tilt. This cancellation is at the core of all the controversy about the ekpyrotic spectrum of perturbations.

While the derivation is rigorous, the conclusion is not without caveats. A crucial assumption is that the physics of the bounce from contraction to expansion all lies within the regime of validity of 4d effective theory, since the statement about $\zeta$ remaining constant relies on the equations of 4d gravity and matter. The possibility that higher-dimensional effects relevant at the bounce could imprint a scale-invariant contribution to $\zeta$ has been the subject of ample literature [20,22].

In this work, however, we shall exploit an alternative possibility relying on two scalar fields and based on an observation by N. Turok [25] and the work of Lehners, McFadden, Steinhardt, and Turok [24]. This mechanism was suggested by [26] and exploited in [27–29]. Namely, with two scalar fields each rolling down their steep exponential potential, the entropy perturbation acquires a scale-invariant spectrum on large scales. If this can subsequently be imprinted onto $\zeta$, then $\zeta$ is endowed with a scale-invariant spectrum well before the bounce. After reviewing the mechanism of [24,25], we will show how the entropy perturbation imprints a scale-invariant contribution to $\zeta$ if one of the two fields reaches the minimum of its potential [region (b) of Fig. 1] before the other. Since this field loses much kinetic energy in the process, this corresponds to a sharp turn in the trajectory in field space and triggers a scale-invariant jump in $\zeta$. Then, by the same argument as above, whatever bounce physics comes into play to reverse contraction to expansion, as long as everything remains 4d and perturbative, the scale-invariant $\zeta$ will go through unscathed.

### III. TWO-FIELD EKPYROSIS

Remarkably, the scaling solution described above generalizes to two fields [24,27]. Consider two scalars $\phi$ and $\psi$, each with a potential of the form shown in Fig. 1. In region (a) we can approximate the scalar potential as a sum of exponentials, generally with different powers $p \ll 1$ and $q \ll 1$:

$$
V(\phi, \psi) = -V_0 \exp\left(-\frac{2}{p M_{Pl}} \phi\right) - U_0 \exp\left(-\frac{2}{q M_{Pl}} \psi\right).
$$

(3.1)

Furthermore, we continue to assume that each scalar field has canonical kinetic energy and that there are no higher-derivative interactions. The dynamics of $\phi$ and $\psi$ are therefore governed by, respectively,

$$
\ddot{\phi} + 3H\dot{\phi} = -V_{,\phi}; \quad \ddot{\psi} + 3H\dot{\psi} = -V_{,\psi}.
$$

(3.2)

When we come to perturbations, it will be useful to describe the field trajectory in $(\phi, \psi)$ space in terms of the adiabatic field $\sigma$, given by the geometrical relation

$$
\dot{\sigma} = \cos \theta \dot{\phi} + \sin \theta \dot{\psi},
$$

(3.3)

where

$$
\tan \theta = \frac{\dot{\psi}}{\dot{\phi}}.
$$

(3.4)

Combining (3.2), it is easily seen that $\sigma$ satisfies

$$
\ddot{\sigma} + 3H\dot{\sigma} = -V_{,\sigma},
$$

(3.5)

where the slope of the potential along the field trajectory is just

$$
V_{,\sigma} = \cos \theta V_{,\phi} + \sin \theta V_{,\psi}.
$$

(3.6)

In the exponential regime, there is an exact scaling solution to the Friedmann and scalar equations which generalizes (2.7) to

$$
a(t) \sim (-t)^{p+q}; \quad H = \frac{p + q}{t};
$$

$$
\phi(t) = \sqrt{2p} M_{Pl} \log\left(-\frac{V_0}{M_{Pl}^2 p(1 - 3(p + q))}\right); \quad \psi(t) = \sqrt{2q} M_{Pl} \log\left(-\frac{U_0}{M_{Pl}^2 q(1 - 3(p + q))}\right).
$$

(3.7)

Unlike the single-field case, however, the above solution is not an attractor because of an instability in the direction orthogonal to the field trajectory. It is precisely this instability which is exploited in the next subsection to amplify entropy perturbations. Numerical analysis reveals that the instability grows fastest along the direction of the steepest exponential. Suppose $p < q$ so that the potential for $\phi$ is steeper than that for $\psi$. Then, the instability brings $\psi$ to a halt, while the solution converges to the single-field scaling
solution (2.7) along the $\phi$ direction. Nevertheless, this is not of great concern since one only needs to be on the scaling solution for a few e-folds of contraction to generate the observable range of modes, as (2.19) demonstrates.

**Generation of scale-invariant $\delta s$ during the scaling regime**

In this subsection, we discuss the generation of a scale-invariant spectrum of entropy perturbations for the above scaling solution [24,27]. See [46] for a nice review of entropy and adiabatic perturbations in multifield models. A convenient gauge for the study of multifield perturbations is the so-called spatially flat or Mukhanov-Sasaki gauge [47], in which the perturbations $\delta \phi$ and $\delta \psi$ in the two scalar fields satisfy the coupled equations

$$\delta \phi + 3H \dot{\delta} \phi + \frac{k^2}{a^2} \delta \phi + \left[V_{,\phi\phi} - \frac{1}{M_{Pl}^2 a^3} \frac{d}{dt} \left( \frac{a^3}{H} \dot{\phi}^2 \right) \right] \delta \phi$$

$$- \frac{1}{M_{Pl}^2 a^3} \frac{d}{dt} \left( \frac{a^3}{H} \dot{\psi} \right) \delta \psi = 0;$$

$$\delta \psi + 3H \dot{\delta} \psi + \frac{k^2}{a^2} \delta \psi + \left[V_{,\psi\psi} - \frac{1}{M_{Pl}^2 a^3} \frac{d}{dt} \left( \frac{a^3}{H} \dot{\psi}^2 \right) \right] \delta \psi$$

$$- \frac{1}{M_{Pl}^2 a^3} \frac{d}{dt} \left( \frac{a^3}{H} \dot{\phi} \right) \delta \phi = 0.$$

Thus, even though the scalar fields are uncoupled at the level of the potential, in the sense that $V_{,\phi\phi} = 0$, their perturbations become intertwined through gravity.

These fluctuations can be decomposed as a component along the field trajectory, $\delta \sigma$, which is the adiabatic perturbation, and a perturbation orthogonal to the trajectory, $\delta s$, which is the entropy or isocurvature perturbation:

$$\delta \sigma = \cos \theta \delta \phi + \sin \theta \delta \psi,$$

$$\delta s = - \sin \theta \delta \phi + \cos \theta \delta \psi.$$  

Combining the $(\delta \psi, \delta \phi)$ equations, and using the standard energy and momentum constraints, the entropy perturbation can be shown to satisfy [46]

$$\delta s + 3H \dot{\delta} s + \left( \frac{k^2}{a^2} + V_{,ss} + 3 \dot{\theta}^2 \right) \delta s = 4 M_{Pl}^2 \frac{\dot{\theta}}{\sigma} \frac{k^2}{a^2} \Psi,$$  

where $\Psi$ is the curvature perturbation in Newtonian gauge, while $V_{,ss} = \cos^2 \theta V_{,\phi\phi} + \sin^2 \theta V_{,\psi\psi}$ is the curvature of the potential orthogonal to the field trajectory.

During the ekpyrotic scaling phase, described by (3.7), both $\phi$ and $\psi$ scale as $1/t$ and, thus, $\theta$ is constant:

$$\tan \theta = \sqrt{\frac{q}{p}}$$  

Furthermore, for the scaling potential (3.1) we have

$$V_{,ss} = - \frac{2}{t^2} (1 - 3(p + q)).$$  

Plugging all of this into (3.9), we find

$$\delta s + 3H \dot{\delta} s + \left[ \frac{k^2}{a^2} - \frac{2}{t^2} (1 - 3(p + q)) \right] \delta s = 0.$$  

This can be simplified further by introducing a rescaled variable $v = a \delta s$ and rewriting in terms of conformal time, $d\tau = dt / a \sim dt (p + q)$:

$$v'' + k^2 v - \frac{2}{\tau^3} \left( 1 - \frac{3}{2} (p + q) \right) v = 0,$$  

where we have dropped higher order terms in $p, q$. Here $\tau$ is assumed negative and increasing towards zero. Since $p$ and $q$ are small, the coefficient of the time-dependent term is approximately equal to 2, indicating a nearly scale-invariant spectrum. Indeed, the solution to (3.13) with standard Bunch-Davies initial conditions is, up to a phase,

$$v = \frac{1}{\sqrt{2k}} \frac{1}{2} \sqrt{- k \tau H (1) (- k \tau)}.$$  

with

$$n = \frac{1}{2} \left[ 1 - \frac{q}{p} (p + q) \right] \approx \frac{1}{2} - (p + q).$$  

On large scales, $k \ll aH$, the amplitude tends to $v \sim k^{-n}$, from which we can read off the spectral index:

$$n_s - 1 \approx 2 (p + q) = 4 \epsilon,$$  

where we have generalized the fast-roll parameter $\epsilon$ given in (2.2) to the two-field case in the obvious way:

$$\epsilon = M_{Pl}^{-2} \left( \frac{V}{V_{,\sigma}} \right)^2 \ll 1.$$  

This parameter measures the steepness of the potential along the field trajectory. Thus, for pure exponential potentials, the spectrum is slightly blue. More general potentials allow for red spectra as well, as we will show explicitly in the next section.

**IV. SPECTRAL TILT FOR GENERAL POTENTIALS**

The small blue tilt for pure exponential potentials is a slightly disconcerting result in light of the recent 3-year WMAP data which favors a red tilt. However, we expect—and will show—that this unambiguous blueness is an artifact of the pure exponential form. This intuition is supported by the single-field result: a nonzero value for $\eta$ in (2.17) can change the sign of the tilt. We will see that the two-field story is nearly identical.

More general potentials immediately imply departure from the scaling behavior studied earlier and thus generally require numerical analysis. For simplicity we focus here on the case where both scalar fields have identical potential $V$ in region (a) of Fig. 1:
\[ V(\phi, \psi) = V(\phi) + V(\psi). \]  \hspace{1cm} (4.1)

This approach was originally mentioned in [25], and some of the results below overlap with [24]. Of course the potentials should only be identical in region (a), not globally, for otherwise the entropy perturbation will never get converted to the adiabatic mode. We can assume, for instance, that the minimum in region (b) occurs at different field values.

If the fields start out with identical initial conditions, then their time evolution will also be the same, and thus \( \theta = \pi/4 \). It follows that the adiabatic field introduced in (3.3) satisfies \( \dot{\sigma} = (\dot{\phi} + \dot{\psi})/\sqrt{2} \). Similarly we obtain for the slope of the potential along the field trajectory, given by (3.6): \( V_{,\sigma} = (V_{,\phi} + V_{,\psi})/\sqrt{2} \). Thus the Friedmann and “\( H'\)” equations can be expressed as

\[ 3H^2M_{pl}^2 = \frac{1}{2}\sigma^2 + V; \quad \dot{H}M_{pl} = -\frac{1}{2}\sigma^2. \]  \hspace{1cm} (4.2)

Combined with the \( \sigma \) equation of motion (3.5), this rewriting makes manifest the virtue of having identical potentials for the two scalars— all background equations of motion reduce effectively to that of a single effective scalar field \( \sigma \).

Moving on to perturbations, the evolution equation (3.9) for the entropy mode greatly simplifies because \( \theta = 0 \). Moreover, we can rewrite the time-dependent potential term, \( V_{,\sigma} \), in terms of \( \sigma \) derivatives: \( V_{,\sigma} = \cos^2\theta V_{,\phi\phi} + \sin^2\theta V_{,\phi\phi} = V_{,\sigma\sigma} \). Our starting point for the generation of \( \delta s \) is therefore

\[ \ddot{\delta} + 3H\dot{\delta} + \left( \frac{k^2}{a^2} + V_{,\sigma\sigma} \right)\delta = 0. \]  \hspace{1cm} (4.3)

Since the background no longer follows some exact scaling solution, the way to proceed is to recast every term in the equation solely in terms of the background equation of state parameter,

\[ \left(1 - \frac{1}{\bar{\epsilon}} - 1 \frac{d\ln(\bar{\epsilon} - 1)}{dN} \right) x^2 \frac{d^2v}{dx^2} + \frac{1}{(\bar{\epsilon} - 1)} \left[ \frac{d\ln(\bar{\epsilon} - 1)}{dN} \right]^2 \frac{dx}{dx} + \frac{1}{(\bar{\epsilon} - 1)^2} \left[ -2 - 2\bar{\epsilon}^2 + 7\bar{\epsilon} + 6\frac{d\bar{\epsilon}}{dN} - \frac{3}{2} \frac{d\ln(\bar{\epsilon} - 1)}{dN} - 4 \left( \frac{d\ln(\bar{\epsilon} - 1)}{dN} \right)^2 \right] v = 0. \]  \hspace{1cm} (4.10)

As advocated, this depends only the background equation of state parameter and its time derivatives. To simplify things, we use the fact that \( \bar{\epsilon} \) is large during the ekpyrotic phase, corresponding to \( \bar{\epsilon} \gg 1 \). Moreover, we assume it is a slowly varying function of \( N \) over the observable range of modes. To leading order, it follows from (4.5) and (4.6) that

\[ \bar{\epsilon} \approx \frac{1}{2\epsilon}, \]  \hspace{1cm} (4.11)

where \( \epsilon \) was defined in (3.17). Similarly, it is easy to show that

\[ \ddot{\bar{\epsilon}} = \frac{3}{2}(1 + w) = -\frac{\dot{H}}{H^2} - \frac{d\ln H}{dN}. \]  \hspace{1cm} (4.4)

and its derivatives. Here \( N \equiv \ln a \) is the number of e-folds, as usual. [In the limit of pure exponential potentials, \( \epsilon \) is of course constant and related to the \( \epsilon \) parameter in (3.17) by \( \bar{\epsilon} = 1/2\epsilon \).]

To illustrate the method, let us combine Eqs. (4.2) to obtain a relation for the potential:

\[ V = H^2M_{pl}^2(3 - \bar{\epsilon}). \]  \hspace{1cm} (4.5)

Then, from the second of (4.2) and the definition of \( \bar{\epsilon} \), we immediately have \( d\sigma/dN = \sqrt{2}\bar{\epsilon}M_{pl} \), which allows rewriting the derivative of the potential as

\[ V_{,\sigma} = -H^2M_{pl}\sqrt{2}\bar{\epsilon}(3 - \bar{\epsilon} + \frac{1}{2} \frac{d\ln(\bar{\epsilon} - 1)}{dN}). \]  \hspace{1cm} (4.6)

Similarly, we have

\[ \frac{V_{,\sigma}}{H^2} = -2\bar{\epsilon}^2 + 6\bar{\epsilon} + 5 \frac{d\bar{\epsilon}}{dN} - \frac{3}{2} \frac{d\ln(\bar{\epsilon} - 1)}{dN} - \frac{1}{4} \left( \frac{d\ln(\bar{\epsilon} - 1)}{dN} \right)^2 - \frac{1}{2} \frac{d^2\ln(\bar{\epsilon} - 1)}{dN^2}. \]  \hspace{1cm} (4.7)

Inspired by analogous calculations in the inflationary context [32], it is convenient to rewrite (4.3) in terms of a dimensionless time variable

\[ x = \frac{1}{\bar{\epsilon} - 1} \frac{k}{aH}. \]  \hspace{1cm} (4.8)

and, as we did in Sec. , rescale the perturbation variable to

\[ v = a\bar{\epsilon}\delta s. \]  \hspace{1cm} (4.9)

After some algebra, the perturbation equation (4.3) takes the exact final form

\[ \frac{d\ln(\bar{\epsilon} - 1)}{dN} = 4\bar{\epsilon}\eta. \]  \hspace{1cm} (4.12)

where we have generalized the \( \eta \) parameter of (2.2) to the two-field case:

\[ \eta = 1 - \frac{V_{,\sigma\sigma}}{V_{,\sigma}}. \]  \hspace{1cm} (4.13)

In the approximation that \( \epsilon \) and \( \eta \) are small and nearly constant, (4.10) collapses to the simple form

\[ x^2 \frac{d^2v}{dx^2} + \frac{x^2}{1 - 8\eta} v - 2(1 - 3(\epsilon - \eta))v = 0. \]  \hspace{1cm} (4.14)
where the coefficient of $x^2$ can be reabsorbed by a constant rescaling of the time variable. This final form can be recast as a Bessel equation, as before, and the corresponding spectral tilt can be read off immediately,

$$n_s - 1 = 4(\epsilon - \eta).$$  \hspace{1cm} (4.15)

As a check, this agrees with (3.16) in the limit of pure exponential potentials.

More importantly, we see that a red tilt is possible if $\eta$ is positive and dominates over the $\epsilon$ term. This mild condition is satisfied by a wide class of potentials. For instance, any potential of the form $V(\phi) \sim \exp(-\phi^n)$, with $n > 2$, gives a red tilt at large $\phi$.

V. CONVERTING ENTROPY TO THE ADIABATIC MODE

Next we turn to the conversion of the scale-invariant entropy mode to the curvature perturbation. Indeed, the upshot is that the entropy perturbation sources $\zeta$ on large scales:

$$\zeta = -2H \frac{\dot{\theta}}{\sigma} \delta s.$$ \hspace{1cm} (5.1)

If the field trajectory is a straight line, so that $\theta$ remains constant, then $\zeta$ remains constant as well. If, however, the field trajectory has curvature or makes a sharp turn, then $\zeta$ will change on large scales. In the context of our scenario, we present an explicit mechanism for converting the nearly scale-invariant entropy perturbation into the adiabatic mode, which naturally exploits the desired shape of the potential shown in Fig. 1.

During the scaling solution, region (a) of the potential, $\delta s$ acquires a scale-invariant spectrum on large scales, as described earlier. Since this scaling solution corresponds to $\theta = \text{const}$, however, it follows from (5.1) that $\zeta$ is not scale invariant, as in the single-field ekpyrotic model. The potentials for $\phi$ and $\psi$ must eventually depart from the pure exponential form by hitting a minimum and growing to positive values, corresponding to region (b). The scaling solution abruptly ends. In general, one of the two fields, say $\psi$, will hit the minimum before the other. As $\psi$ climbs up the steep hill, its kinetic energy decreases tremendously, while that of $\phi$ stays nearly the same. Hence, in field space this corresponds to a sharp turn in the trajectory, from $\theta = \arctan(q/p)$ to $\theta = 0$. This jump in $\theta$ implies a jump in $\zeta$ as well, which thereby acquires a scale-invariant spectrum from the entropy perturbation.

If the rise in the $\psi$ potential is sufficiently steep, then the change in $\theta$ occurs almost instantaneously compared to a Hubble time. This rapid-transition approximation is consistent with the fact that, in the scaling regime, we have $\psi \gg H$ since $q \ll 1$, as seen from (3.7). Thus, if the rise in the potential is indeed sufficiently steep, the field climbs on the plateau of region (c) in a very short time compared to the Hubble time. Thus we can rewrite (5.1) as

$$\zeta = -2H \frac{\dot{\theta}}{\sigma} \arctan\left(\frac{q}{p}\right) \delta(t - t_i)\delta s,$$ \hspace{1cm} (5.2)

where we have denoted the time of the transition by $t_i$. We can argue that each factor in this expression, save for the delta-function term, is approximately constant during the transition. This is obviously the case for $H$, by assumption. To see that the same is true of $\sigma$, let us look back at (3.5).

As the field trajectory makes a sharp turn, the slope of the potential $V_\sigma$ will generically be discontinuous, i.e., have a delta-function jump. If $\sigma$ were to jump as well, however, the $\sigma$ term in (3.5) would generate a delta function in the equation of motion, which is inconsistent. Hence $\sigma$ must be continuous, and we can therefore substitute its value of $\sqrt{2(p + q)/t_i}$ just before the transition. Finally, $\delta s$ does change, but by at most a factor of order unity. The proof requires some steps, which we will provide at the end of the section. For the moment, let us treat it as essentially constant.

Making use of this rapid-transition approximation, we can integrate (5.2) and find that the curvature perturbation $\zeta$ inherits a nearly scale-invariant spectrum from $\delta s$:

$$|\zeta| = \frac{2H}{\sigma} \arctan\left(\frac{q}{p}\right) \delta s,$$ \hspace{1cm} (5.3)

with spectral tilt given by (3.16). Ignoring the change of order unity of during the transition, we can substitute the large-scale $\delta s$ by taking the limit $k \to 0$ of (3.14), neglecting, for simplicity, the small departure from scale invariance:

$$k^{3/2} \delta s \approx \frac{1}{2a(-\tau)} \approx \frac{-H}{\sqrt{2(p + q)}}.$$ \hspace{1cm} (5.4)

Substituting this, as well as the scaling solution $\sigma = \sqrt{2H M_{Pl}^2}/\sqrt{p + q}$, we obtain

$$k^3 \zeta^2 \approx \frac{H^2}{2\epsilon M_{Pl}^2} \arctan^2\left(\frac{q}{p}\right).$$ \hspace{1cm} (5.5)

where $\epsilon$ is the fast-roll parameter defined in (3.17). Remarkably, up to the trigonometric factor of order unity, this is nearly identical to the corresponding expression in slow-roll inflation:

$$k^3 \zeta^2_{\text{inf}} \approx \frac{H^2}{\epsilon_{\text{inf}} M_{Pl}^2},$$ \hspace{1cm} (5.6)

where $\epsilon_{\text{inf}} = M_{Pl}^2 (V_{,\phi}/V)^2/2$ is the standard slow-roll parameter. This confirms earlier expectations [44] that the level of tuning on the ekpyrotic potential from the amplitude of density perturbations is comparable to its inflationary counterpart.

It remains to prove that the entropy perturbation $\delta s$ does not change dramatically during this process. Since the
modes of interest are already far outside the horizon, we can study (3.9) in the limit $k \rightarrow 0$:

$$\delta s + 3H\delta s + (V_{ss} + 3\theta^2)\delta s = 0.$$

(5.7)

For concreteness we consider the case where $\psi$ hits the minimum of its potential, climbs up a steep hill, and hits a flat plateau, as described above. Since $\psi$ loses most of its kinetic energy in the process, we have $\theta \rightarrow 0$. Moreover, $V_{\phi\phi} \rightarrow 0$ since the potential becomes flat. Hence, $V_{ss} \rightarrow 0$ as well. Finally, since the transition is assumed nearly instantaneous on a Hubble time, we can safely ignore the Hubble damping term. Thus (5.7) reduces to

$$\delta s = -3\theta^2 \delta s.$$

(5.8)

Here the approximation $\theta \sim \delta(t)$ made earlier is too drastic since one would have to make sense of $\delta^2(t)$. Thus we have to be more precise about $\theta(t)$ during the transition in order to solve for $\delta s$. To proceed analytically, let us model the transition by a linear extrapolation between the initial and final angles, $\theta_i$ and $\theta_f$, respectively:

$$\theta(t) = \theta_i + \frac{(t - t_i)}{T} (\theta_f - \theta_i).$$

(5.9)

Thus the transition begins at $t = t_i$ and ends at $t = t_i + T$, with $HT \ll 1$. In the end we will choose $\theta_f = \arctan\sqrt{q/p}$ and $\theta_f = 0$, corresponding to the case of interest, but for now let us be general. The solution to (5.8) is then given by

$$\delta s(t) = (\delta s)_i \cos\left(\frac{\sqrt{3}(\theta_f - \theta_i)(t - t_i)}{T}\right)$$

$$+ \frac{T}{\sqrt{3}(\theta_f - \theta_i)} (\delta s)_f \sin\left(\frac{\sqrt{3}(\theta_f - \theta_i)(t - t_i)}{T}\right).$$

(5.10)

where $(\delta s)_i$ and $(\delta s)_f$ are, respectively, the amplitude and time derivative of $\delta s$ at the onset of the transition. From (5.4) we see that $(\delta s)_i \sim H(\delta s)_i$, and therefore $(\delta s)_i T \ll (\delta s)_f$. Hence the final amplitude of the entropy perturbation is given by

$$(\delta s)_f = (\delta s)_i \cos(\sqrt{3}(\theta_f - \theta_i)).$$

(5.11)

For the case of interest, $|\theta_f - \theta_i| = \arctan\sqrt{q/p}$, which proves our claim that $\delta s$ changes by a factor of order unity during the transition.

VI. GENERAL REMARKS ON BOUNCING COSMOLOGIES

Next we turn to the all-important issue of reversing from contraction to expansion in a nonsingular fashion. Now that $\zeta$ has been shown to be scale invariant in the contracting phase, whatever physics generates a bounce, the usual conservation of $\zeta$ on superhorizon scales guarantees that the universe will emerge in the expanding phase endowed with a scale-invariant spectrum.

Unfortunately there is certainly not a wealth of consistent bouncing scenarios to choose from. The recently proposed mechanism of Creminelli et al. [14] based on ghost condensation [15,16] is at present the only such mechanism within the realm of a consistent effective field theory and in which all instabilities can be kept under control. There are some concerns as to whether something like ghost condensation can be realized in a consistent theory of quantum gravity, such as string theory [42]. But for the purpose of this scenario we will not be worried about issues of UV completion. The essential point is that it provides a consistent and ghost-free effective theory.

Let us begin by making a few general remarks about obtaining a successful bounce. Since $H < 0$ during a contracting phase, by definition, in order to have a bounce ($H = 0$) we need some epoch during which $H > 0$. But this is highly nontrivial to achieve in any particle physics model. Consider, for instance, a nonlinear sigma model of $N$ scalar fields with arbitrary potential $[2]$:

$$L = \frac{1}{2} G_{ij} (\phi^i) \partial \phi^i \partial \phi^j + V(\phi^i).$$

(6.1)

As long as the metric on moduli space $G_{ij}$ is positive definite, then a bounce is simply impossible, since

$$H = -\frac{M_{pl}^2}{2} G_{ij} (\phi^i) \partial \phi^i \partial \phi^j \leq 0,$$

(6.2)

independently of the potential. More generally, for a perfect fluid with energy density $\rho$ and pressure $\mathcal{P}$, we have

$$M_{pl}^2 H = -\frac{1}{2} (\rho + \mathcal{P}).$$

(6.3)

Thus a necessary condition for a bounce is a violation of the NEC: $\rho + \mathcal{P} \geq 0$. (In covariant form, the NEC is the requirement that $T_{\mu\nu} n^\mu n^\nu \geq 0$ for any null vector $[48].$)

Of course one can get $H > 0$ by relaxing the positive definiteness of $G_{ij}$, i.e. allowing for ghostlike modes. But ghosts have disastrous consequences for the viability of the theory. In order to regulate the rate of vacuum decay, one must invoke explicit Lorentz breaking at some low scale [49]. In any case there is no sense in which a theory with ghosts can be thought of as an effective theory, since the ghost instability is present all the way to the UV cutoff of the theory. More generally, it was argued in [9] that, in generic 2-derivative theories, violations of the NEC immediately imply the presence of ghosts or tachyons with arbitrarily large mass. The ghost condensate evades this theorem since it relies on higher-derivative kinetic terms, while nevertheless defining a consistent effective theory.

Even if some component violates the NEC without introducing catastrophic instabilities, it is still a nontrivial feat to dynamically achieve a bounce. The point is that in order for $\dot{H}$ and then $H$ to reverse sign, this NEC-violating component must come to dominate the energy. Since the equation of state is $w < -1$, by definition, this means that...
its energy density scales like
\[ \rho_{\text{NEC}} \sim a^\alpha, \]  
where \( \alpha \) is some positive power. In an expanding universe, this grows while everything else redshifts, meaning that this component is bound to dominate the universe. But in a contracting universe, of course, precisely the opposite happens. While everything else blueshifts, \( \rho_{\text{NEC}} \) becomes negligible. Put another way, any bouncing solution is unstable to the addition of energy into a normal component—in order to achieve a bounce, one must ensure that nearly all the energy somehow gets funneled to the NEC-violating fluid. This is a key challenge for any scenario of bouncing cosmology.

In the remaining sections of the paper, we show explicitly how the ghost-condensate bounce can be successfully merged with the preceding ekpyrotic phase. The outcome is a singularity-free bouncing cosmology in which a scale-invariant spectrum of perturbations is generated during the contracting phase and transferred unscathed through the bounce.

**VII. ESSENTIALS OF GHOST CONDENSATION**

Theories of ghost condensation describe a scalar field with a higher-derivative kinetic term [15,16],
\[ \mathcal{L} = \sqrt{-g} M^4 P(X), \]  
where
\[ X = -\frac{1}{2m^2} (\partial \phi)^2 \]  
is dimensionless, and \( M \) and \( m \) are some arbitrary scales to be determined by the fundamental theory. [The ghost-condensate literature usually defines \( X = -(\partial \phi)^2/2 \), with \( \phi \) having dimension of length. Here, however, we stick to the usual mass dimension for scalars, for consistency with earlier sections.] Theories of the form (7.1) were first introduced in cosmology as \( k \)-inflation [50] or \( k \)-essence models [51] to drive accelerated expansion without potential energy.

In a cosmological context, the scalar satisfies
\[ \frac{d}{dt}(a^3 P_X \phi) = 0. \]  
For generic \( P(X) \), this implies the usual redshifting (blue-shifting) of scalar kinetic energy as the universe expands (contracts). However, if \( P(X) \) displays a minimum at some finite \( X \), which by rescaling of \( m \) can be chosen to lie at \( X_0 = 1/2 \), then \( X = 1/2 \) provides an exact solution to (7.3). This corresponds to the field maintaining constant kinetic energy and thus growing linearly in time,
\[ \phi(t) = -m^2 t. \]  
[Of course this is a solution for any extremum of \( P(X) \). However, as we will see shortly, fluctuations around a maximum are ghostlike.] The purely derivative nature of the Lagrangian (7.1) is technically natural if there is some global shift symmetry \( \phi \rightarrow \phi + \text{const} \). Moreover, since the above solution is linear in time, corrections involving more than one time derivative on \( \phi \), such as \( (\Box \phi)^2 \), vanish identically. Thus, near a minimum of \( P(X) \), (7.1) provides a consistent effective field theory.

The full stress tensor of the ghost condensate is derived as usual from (7.1),
\[ T_{\mu \nu} = g_{\mu \nu} M^4 P(X) + P_X \partial_\mu \phi \partial_\nu \phi, \]  
corresponding in the cosmological context to an energy density and pressure given by
\[ \rho = M^4 (2P_X X - P), \quad P = M^4 P(X). \]  
In particular, at an extremum of \( P \) the ghost condensate behaves as a fluid with \( w = -1 \), mimicking the effect of a cosmological term.

Ignoring gravity for a moment, small fluctuations in the scalar field, \( \phi = -m^2 t + \pi \), around a constant \( X \) solution have the quadratic Lagrangian
\[ \mathcal{L} \propto (P_X(X_0) + 2X_0 P_{XX}(X_0)) \pi^2 - P_X(X_0) \mathcal{V}^2(\pi)^2. \]  
In particular, around an extremum of \( P(X) \), perturbations have a “right-sign” kinetic term if the extremum is a minimum, and are ghostlike for a maximum. Furthermore, the gradient term vanishes at that point, meaning that one must keep the leading correction to the \( P(X) \) Lagrangian, say from \( (\Box \phi)^2 \), to obtain
\[ \mathcal{L}_{\text{grad}} \sim -\frac{1}{M^2} \mathcal{V}^2(\pi)^2. \]  
This implies the dispersion relation \( \omega^2 \sim k^4/M^2 \). (To make contact with the normalization convention in [14], their \( \hat{M} \) is related to our \( M' = M^2/M' \).) We postpone the stability analysis of small fluctuations, including metric perturbations, to Sec. VII B. We first describe how NEC violation is achieved in ghost condensation.

**A. Violating the NEC**

At the minimum of \( P(X) \), the ghost condensate behaves as a cosmological term and as such is just at the borderline of violating the NEC. To push it in the \( w < -1 \) region, following [14] we introduce a potential \( V(\phi) \) for the scalar. If this potential is sufficiently flat, then it gives a small correction to the scalar equation of motion, allowing us to treat it as a small perturbation to (7.4): \( \phi = -m^2 t + \pi \). To leading order in \( \pi \), the energy density and pressure become
\[ \rho = -\frac{K M^2 \pi}{m^2} + V, \quad P = -V, \]  
where \( K \equiv P_{XX}(1/2) \) is the (dimensionless) curvature of the kinetic function about the ghost-condensate point.
Meanwhile, we have set $P(1/2) = 0$ through a constant shift in $V$.

And here we discover the culprit for NEC violations in ghost condensate, in the form of a term linear in $\dot{\pi}$ in the energy density. Indeed, the $H$ equation—see (6.3)—takes the form

$$M_{Pl}^2 \dot{H} = \frac{1}{2} \frac{K M^4 \pi}{m^2},$$

(7.10)

and therefore can have either sign, depending on the dynamics of $\pi$. The latter is determined by expanding $\frac{M^4}{m^2} a^3 \partial_i (a^3 P_X \dot{\phi}) = -V_\phi$ around the $\phi = -m^2 t$ solution:

$$\dot{\pi} + 3H \pi = -\frac{V_\phi}{K} \frac{m^4}{M^4}.$$

(7.11)

This looks like the equation of motion for a scalar field, except that here $V_\phi$ is to zeroth order independent of $\pi$—instead it is a time-dependent source term determined by the background $\phi = -m^2 t$ evolution.

**B. Taming the instabilities**

The ghost-condensate model suffers from two types of instabilities: one of the Jeans-type which is present even in standard ghost condensation; and a second, gradient-type instability which is due to the NEC-violating background. We briefly review these in turn, starting from the latter. First consider expanding the original $P(X)$ action (7.1) around the NEC-violating background

$$\phi = -m^2 t + \pi_0(t) + \pi(t, \vec{x}),$$

(7.12)

where $\pi_0(t)$ satisfies (7.11). Using that $\dot{H} \sim \dot{\pi}$ from (7.10), the result is [14]

$$\mathcal{L} \propto \frac{1}{2} \pi^2 + \frac{HM_{Pl}^2}{KM^4} (\nabla \pi)^2 - \frac{m^4}{2KM^4 M^2} (\nabla^2 \pi)^2.$$

(7.13)

Thus a nonvanishing $\dot{H}$ generates a nonzero gradient term for the fluctuations, which evidently has the wrong sign on the NEC-violating background. Correspondingly, the dispersion relation,

$$\omega^2 = -2\frac{\dot{H} M_{Pl}^2}{KM^4} k^2 + \frac{m^4}{2KM^4 M^2} k^4,$$

(7.14)

has a gradient instability at long wavelengths. The rate of this instability peaks at $k^2 \sim H M_{Pl}^2 M^2 / m^4$, corresponding to

$$\omega_{\text{grad}}^2 \sim \left( \frac{H M_{Pl}^2 M'}{\sqrt{KM^2 m^2}} \right)^2.$$

(7.15)

Of course such instabilities are absent if their rate is less than the Hubble rate, $|\omega_{\text{grad}}| \leq |H|$, giving the bound

$$\frac{\dot{H}}{H} \lesssim \frac{\sqrt{KM^2 m^2}}{M' M_{Pl}}.$$

(7.16)

The second type of instability arises when including mixing of $\pi$ with gravity and is present even in standard ghost condensation. One finds a Jeans-type instability with rate [15,16]

$$\omega_{\text{jeans}} \sim \frac{\sqrt{KM^2 m^2}}{M' M_{Pl}},$$

(7.17)

which once again is harmless if less than the Hubble rate:

$$\frac{\sqrt{KM^2 m^2}}{M' M_{Pl}} \lesssim H.$$

(7.18)

Equations (7.16) and (7.18) together require that $M$ and $M'$ be chosen such that they fit in the range

$$\frac{\dot{H}}{H} \lesssim \frac{\sqrt{KM^2 m^2}}{M' M_{Pl}} \lesssim H.$$

(7.19)

Evidently, in order to have a parametric window for which this can be satisfied, it must be that $\dot{H} \ll H^2$. If $H \sim H^2$, for instance, then (7.19) implies a relation between $M$, $m$, and $M'$; whereas $\dot{H} \gg H^2$ implies that one of the instabilities is present. As we approach the bounce and $|H| \rightarrow 0$, clearly the condition $\dot{H} \ll H^2$ must break down sooner or later. Since the instabilities of interest are of the Jeans-type, however, their effects can be mitigated if the entire period of NEC violation lasts roughly one e-fold, so that

$$H \Delta t \lesssim 1,$$

(7.20)

where $H$ is the Hubble parameter at the onset of NEC violation, say.

**VIII. MERGING EKPYROSIS AND GHOST CONDENSATE**

The next step consists of merging the ekpyrotic phase with the NEC-violating ghost condensate to reverse contraction to expansion in a nonsingular fashion. For simplicity we focus first on the case of single-field ekpyrosis—we will discuss the generalization to two fields at the end of the section.

As mentioned in Sec. VI, the existence of an NEC-violating fluid does not guarantee a bounce—it must also come to dominate the universe in order to reverse the sign of $H$. But this is a nontrivial feat since its energy density redshifts instead of blueshifting as the universe contracts. Thus, for instance, if the ghost condensate is a spectator field different than the scalar relevant for the ekpyrotic phase, one must ensure that somehow the energy in the former gets efficiently transferred to the latter, with negligible energy going to other light degrees of freedom. This seems to us a highly unnatural possibility.

Instead, if the ekpyrotic and ghost-condensate scalars are one of the same field—let us denote it again by $\phi$—then the transfer of energy is of course a nonissue. We will describe what this merging entails for the global form of $P(X)$ and $V(\phi)$, and derive consistency conditions required
for a successful bounce. As we will see, these relations can be satisfied for a wide class of kinetic functions and scalar potentials.

Each subsection deals with different aspects of this merger. For pedagogical purposes, we provide at the conclusion of each subsection a short summary of the key results.

**A. Global form of \( P(X) \)**

Unlike ghost inflation, where the inflaton is in the ghost-condensate phase while driving inflation, here it is crucial that the scalar field \( \phi \) has an approximately standard kinetic term in the ekpyrotic phase, i.e. in region (a) of Fig. 1. That is,

\[
M^4 P(X) = m^4 X = -\frac{1}{2} \left( \partial \phi \right)^2 \quad \text{ekpyrotic phase}. \quad (8.1)
\]

This follows immediately from the fact that \( V \) is steep in this region and therefore would generically violate the flatness condition of the ghost condensate. Furthermore the perturbation calculation crucially relies on the kinetic term being canonical.

Of course in the ghost phase, \( P(X) \) must have some minimum where the field can condensate. In its vicinity, we can assume the following quadratic form:

\[
P(X) = \frac{K}{2} \left( X - \frac{1}{2} \right)^2 \quad \text{ghost phase}, \quad (8.2)
\]

so that \( \phi = -m^2 t \) at the minimum while \( P_{XX} = K \), consistent with the conventions in our earlier discussion.

One might expect that the quasilinear behavior (8.1) occurs for small \( X \), while the minimum in (8.2) is generated when higher-derivative corrections become important at sufficiently large \( X \). This picture would also be consistent with the fact that \( X \) increases in the ekpyrotic phase, due to cosmological blueshift. However, a moment’s thought reveals that such a \( P(X) \) would necessarily have a maximum somewhere in between, thereby signaling the existence of a real ghost. This is sketched in Fig. 2(a). If one is willing to tolerate a real ghost, then of course there is no need to invoke all of the ghost-condensate technology.

So let us instead assume that the quasilinear regime occurs at larger \( X \) than the ghost-condensate point, as sketched in Fig. 2(b). Thus, at the onset of the ekpyrotic phase, the scalar kinetic energy starts out to the right of the minimum, say, and moves away from it. Thus the challenge here is to bring the field back to the vicinity of the minimum of \( P(X) \) at the end of the ekpyrotic phase. As we will see, this can be achieved naturally by the form of the potential. We will not attempt to motivate this form of \( P(X) \) from a UV-complete theory. Instead our goal is to provide a specific example of \( P(X) \) which, combined with the general form of the potential shown in Fig. 1, yields a nonsingular alternative cosmology to inflation.

To summarize, we have argued that having a canonical form for the kinetic term during the ekpyrotic phase, combined with the no-ghost constraint during the subsequent evolution towards the ghost-condensate point, requires the kinetic function \( P(X) \) to have the form shown in Fig. 2(b).

**B. Scalar potential \( V(\phi) \)**

Since \( X \) grows during the contracting phase, it must somehow find its way back to the vicinity of the minimum of \( P(X) \) at the end of the ekpyrotic phase. The idea is to exploit the sharp rise in the potential, shown in region (b) of Fig. 1, to greatly reduce the kinetic energy in the scalar and bring \( X \) near the ghost-condensate point. In other words, by appropriately choosing the difference in potential energy between the value at the minimum and that on the plateau, the field will lose just the right amount of kinetic energy to bring \( X \) near the minimum of \( P(X) \). The field evolution in both potential and kinetic function space is sketched in parallel in Fig. 3.

We can be more precise about the form of the potential in region (c) during the ghost-condensate phase. Since the latter requires a flat potential, we can approximate \( V(\phi) \) as linear in \( \phi \):

\[
V(\phi) = \alpha \Lambda^4 \left( 1 - \beta \frac{\Lambda^2}{m^2} \frac{\phi}{M_P} \right). \quad (8.3)
\]

---

**FIG. 2.** Two possible choices for the global behavior of the kinetic function \( P(X) \). In case (a), the linear regime (ekpyrotic phase) lies at smaller \( X \) than the ghost-condensate point. This necessarily implies a maximum for \( P(X) \) in between, signaling the presence of a real ghost. In case (b), the linear regime lies at larger \( X \), thereby avoiding real ghosts.
where $\Lambda$ is some scale, while $\alpha$ and $\beta$ are dimensionless.
The form of the $\beta$-term is chosen for convenience, as will become apparent shortly.

As we now argue, $\alpha$ and $\beta$ must both be positive. To prove the former, one only needs to look at the Friedmann equation, which, to leading order in $\pi$, is just

$$3H^2M^2_{\text{Pl}} = -\frac{KM^4\pi}{m^2} + V = -\frac{KM^4\pi}{m^2} + \alpha\Lambda^4. \quad (8.4)$$

But since $\pi > 0$ during the NEC-violating phase, as seen in (7.10), it follows that $\alpha > 0$. We can therefore set $\alpha = 1$ without loss of generality.

To argue that $\beta$ must be positive as well is equally straightforward. What we want is for the NEC to be initially satisfied ($\hat{\pi} < 0$) and then violated, for some time ($\hat{\pi} > 0$). Precisely at the onset of NEC violation, however, corresponding to $\hat{\pi} = 0$, (7.11) reduces to $\hat{\pi} = \beta\Lambda^6m^2/KM^4M_{\text{Pl}}$. Hence to proceed to the NEC-violating phase, we need $\beta > 0$. Note that a potential of the form (8.3) with $\alpha, \beta > 0$ is indeed consistent with region (c) of Fig. 1.

In this subsection we have shown that the scalar potential in the ghost-condensate regime must be positive, flat, and have negative slope. The last condition follows from our choice that $\phi < 0$ at the ghost-condensate point, to be consistent with the field motion during the ekpyrotic phase.

C. Dynamics of the bounce

A key approximation that must hold throughout the NEC-violating phase and through the bounce for perturbation theory to apply is

$$\hat{\pi} \ll m^2. \quad (8.5)$$

To see what this entails on the potential and kinetic function, let us combine (7.10), (8.3), and (8.4) to obtain the master equation

$$M^2_{\text{Pl}}(3H^2 + 2\dot{H}) = \Lambda^4\left(1 + \frac{\beta\Lambda^2}{M_{\text{Pl}}t}\right) = \Lambda^4, \quad (8.6)$$

valid to leading order in $\hat{\pi}$. In the last step we have further assumed that $\beta\Lambda^2\Delta t/M_{\text{Pl}} \ll 1$ for the period of interest, as we will prove shortly. Now, since $\hat{\pi} \sim H$, the condition (8.5) is most stringent when $H$ is maximal. Evidently this occurs at the bounce itself, when $H = 0$, and thus $\dot{H} = \Lambda^4/2M^2_{\text{Pl}}$. Translated in terms of $\hat{\pi}$, it follows that a necessary condition for (8.5) to be satisfied is

$$\Lambda^4 \ll M^4K. \quad (8.7)$$

But then, looking back at (8.4), this immediately implies that the Hubble rate is also constrained throughout the ghost condensation phase:

$$H \ll \frac{\sqrt{Km^2}}{M_{\text{Pl}}}. \quad (8.8)$$

There is one further condition, namely (7.20), having to do with the suppression of Jeans-like instabilities during
the bounce. To see what it implies, let us introduce the dimensionless parameters

\[ \hat{H} = H^2 \frac{M_{\text{Pl}}}{\Lambda^2}, \quad \hat{t} = t \frac{\Lambda^2}{M_{\text{Pl}}}, \]  

in terms of which (8.6) takes the simplified form

\[ 2\dot{\hat{H}} + 3\hat{H}^2 = 1 + \beta \hat{t}. \]  

In terms of these dimensionless variables, the condition (7.20) is just \( \dot{\hat{H}} \Delta \hat{t} \approx 1 \). Thus, provided that

\[ \beta \sim \mathcal{O}(1), \]  

then there is only one time scale in (8.10), and thus (7.20) is guaranteed to hold. Figure 4 shows the result of numerically integrating (8.10) for \( \beta = 1 \). The initial conditions are such that \( \dot{\hat{H}} \ll \hat{H}^2 \) at the beginning, ensuring that all instabilities are under control. These conditions lead to a NEC-violating phase, followed by a bounce. Since \( \beta \sim \mathcal{O}(1) \), the duration of the NEC-violating phase is indeed of order 1 in dimensionless time units, satisfying the requirement (7.20).

Knowing that \( \beta \sim \mathcal{O}(1) \), we can determine the change in \( \phi \) during the NEC-violating phase:

\[ \Delta \phi = m^2 \Delta t \sim \frac{m^2}{\hat{H}} \sim \frac{m^2}{\Lambda^2} M_{\text{Pl}}, \]  

where in the third step we have estimated the Hubble parameter during the ghost-condensate phase by its approximate value at the onset of NEC violation: \( H \sim \Lambda^2/M_{\text{Pl}} \)—see (8.6). We will see further on that \( m \) has to be small; therefore (8.12) generically implies that \( \phi \) moves by a small distance compared to the Planck mass during the ghost-condensate phase. Incidentally, note from (8.3) that the variation of \( V \) is then of order \( \Delta V \sim \Lambda^4 \), and thus \( V \) changes by a factor of order 1 in the process. This justifies the approximation made in (8.6).

![Figure 4](image)

**FIG. 4.** Evolution of \( \dot{\hat{H}}(\hat{t}) \) for \( \beta = 1 \). We see that first \( \dot{\hat{H}} \) vanishes at some time, and later on \( \dot{\hat{H}} \) itself vanishes, marking the reversal from contraction to expansion. Note that, in solving (8.10), initial conditions were chosen such that \( t = 0 \) corresponds to the beginning of the ghost condensation phase.

To summarize, perturbation theory around the ghost condensate is valid throughout provided that the scale \( M \) of the kinetic function is much greater than that of the potential as well as the Hubble parameter. Furthermore, in order to keep gradient instabilities under control, we have shown that the parameter \( \beta \) characterizing the slope of the potential must be of order unity. These conditions are easily satisfied for a wide class of potentials and kinetic functions. It was explicitly shown that this yields a non-singular bounce.

### D. Consistency relations for a successful merger

Let us now focus on the transition as the field passes through region (b). Since this corresponds to the transition between the ekpyrotic phase and the ghost-condensate bouncing phase, we will find consistency relations between the kinetic function \( P(X) \) and the scalar potential \( V(\phi) \).

As we did when discussing perturbations, we model this transition as instantaneous compared to a Hubble time. This is justified since, just before reaching \( V_{\min} \), the field obeys the scaling solution and, therefore, is moving rapidly on a Hubble time, as shown by (2.7):

\[ \frac{1}{2M_{\text{Pl}}^2} \dot{\phi}^2 = \frac{H^2}{p} \gg H^2. \]  

If the rise in \( V \) is sufficiently sharp, then \( \phi \) will indeed reach the plateau in a very short time compared to the Hubble time. In this case we can treat \( H \) as constant during this transition, by energy conservation. Let us denote it by \( H_{\min} \). Then, from (2.7) we obtain

\[ M_{\text{Pl}}^2 H_{\min}^2 = - \frac{p}{1 - 3p} V_{\min} \approx -p V_{\min}. \]  

Of course this is expected since \( \dot{\phi}^2/2 \approx -V \) during the ekpyrotic phase.

Once we reach the plateau, the assumption is that the field is near the ghost-condensate point. We will see that this constrains \( V_{\min} \), to lie within some parametric window. First, to derive an upper bound, we start from the Friedmann equation (8.4) at the onset of the ghost phase:

\[ 3H_{\min}^2 M_{\text{Pl}}^2 = - \frac{KM^4 \dot{\pi}}{m^2} + \Lambda^4. \]  

Substituting (8.14) and rearranging, we get

\[ \dot{\pi} \approx m^2 \left( \frac{pV_{\min}}{KM^4} + \frac{\Lambda^4}{KM^4} \right). \]  

Now a consistency condition for being near the ghost-condensate point is that \( \dot{\pi} \ll M^2 \), as we recall from (8.5). Since we already know that \( \Lambda^4 \ll KM^4 \) from (8.7), it immediately follows that

\[ |V_{\min}| \ll \frac{M^4 K}{p}. \]
To derive a lower bound, note that by assumption we must have $\dot{\phi}^2 \gg m^4$ during the ekpyrotic process, since $P(X)$ has to be approximately linear corresponding to canonical kinetic energy. However, we also know that $\dot{\phi}^2 = -2V$ during the scaling phase, and therefore

$$|V| \gg m^4$$  \hspace{1cm} (8.18)

throughout ekpyrosis. Since at this phase $V$ is monotonous, we have to require

$$|V_{\text{ek}}| \gg m^4$$  \hspace{1cm} (8.19)

where $V_{\text{ek}}$ is the value of the potential at the onset of the ekpyrosis. Let us relate $V_{\text{min}}$ and $V_{\text{ek}}$ through the number of e-folds $\mathcal{N}$. Since during ekpyrosis the scale factor $a$ stays approximately constant, the number of e-folds is

$$e^{\mathcal{N}} = \frac{H_{\text{min}}}{H_{\text{ek}}}.$$  \hspace{1cm} (8.20)

Hence, from the solution (2.7) it follows that

$$|V_{\text{ek}}| = e^{-2\mathcal{N}}|V_{\text{min}}|.$$  \hspace{1cm} (8.21)

Equations (8.17), (8.19), and (8.21) together imply that $V_{\text{min}}$ must lie within the range

$$m^4 e^{2\mathcal{N}} \ll |V_{\text{min}}| \ll \frac{M^4 K}{p}.$$  \hspace{1cm} (8.22)

Noting that $\mathcal{N}$ is 60 or so, this requires $m$ to be less than $M$ by many orders of magnitude. Since these two scales are physically different, the above allowed range can be substantially broad. Indeed, from the above considerations, $M$ denotes the cutoff scale by which all higher-derivative terms are suppressed, whereas $m$ sets the expectation value of $\phi$ at the minimum of $P(X)$. Incidentally, the upper bound is, in fact, conservative since it follows from the relatively strict requirement that the field be near the ghost-condensate point by the time it reaches the plateau. More general transitions will therefore loosen this bound.

To summarize, in order for the field to land in the vicinity of the ghost-condensate point at the end of the ekpyrotic phase, the minimum of the potential, $V_{\text{min}}$, must lie within the above range. The lower bound comes from the requirement that the kinetic energy of $\phi$ is approximately canonical and, thus, is large compared to $m$. On the other hand, it cannot be too large. Otherwise by the time $\phi$ reaches the plateau its kinetic function $P(X)$ will not be near the condensation point. Since $m$, $M$, $V_{\text{min}}$, and $K$ are free parameters at the level of model building, we see that these conditions are satisfied for a wide class of models.

**E. Generalization to two fields**

We conclude with a few words on the generalization to two fields, which is straightforward. Essentially both $\phi$ and $\psi$ are assumed to have qualitatively the same $P(X)$ and the same qualitative shape for their potentials. Both fields will reach their respective $V_{\text{min}}$ more or less at the same time and will proceed to their respective ghost-condensate point. (Of course these transitions cannot happen simultaneously since our mechanism for converting entropy to adiabatic perturbations relies on one field reaching $V_{\text{min}}$ before the other. Nevertheless this time delay could be negligible compared to a Hubble time, for instance.) Once both fields have reached their ghost-condensate points, both act as NEC-violating fluids and drive the universe towards a nonsingular big bounce.

**IX. DISCUSSION OF REHEATING**

After a nonsingular bounce has been successfully completed, the energy in the ghost condensate must somehow get converted into matter and radiation degrees of freedom in order to reheat the universe. We briefly comment on two possible reheating mechanisms, one entirely at the level of a 4d effective theory, the other inspired by the original ekpyrotic scenario and concepts of heterotic M theory.

Let us start with the 4d effective mechanism, which has been mentioned in the ghost inflation context [52]. After the bounce, most of the energy of the ghost condensate is stored in its potential energy—the kinetic energy is proportional to $2P_{XX}X - P$, which is small near the ghost-condensate point. To trigger reheating, one assumes that at some field value the scalar potential displays a precipitous drop towards zero, after which it becomes flat again. When the field reaches the drop, its kinetic energy will be greatly perturbed away from the ghost-condensate point. If $\phi$ is coupled to matter fields, this nonadiabatic process will excite matter and radiation degrees of freedom. In other words, the potential energy difference reheats the universe. At the end of the reheating phase, the scalar field settles back to the ghost-condensate point, but with negligible residual energy. Reheating by this mechanism is easily achieved within the context of the new ekpyrotic scenario.

Much more speculative, the second mechanism is inspired by the original ekpyrotic scenario. Here, the ekpyrotic scalar field has the geometrical interpretation of the distance between a bulk M5-brane and the observable end-of-the-world boundary brane. Reheating occurs when the bulk brane inelastically collides and is absorbed by the boundary brane. This fusion proceeds through a “small instanton” transition, during which the nature of the light degrees of freedom can change, greatly increasing, for example, the number of massless scalar fields at the collision. In the context of new ekpyrosis, higher-derivative corrections to the M5-brane modulus kinetic term could generate a ghost-condensate point, allowing for a nonsingular bounce before the collision. The subsequent brane collision then excites these scalars which, in turn, transfer their energy to matter and radiation and reheat the universe. In this context, it is natural to expect that the ghost condensate becomes massive and disappears following the small instanton transition.
X. CONCLUSION

In this paper, we have presented a new and fully consistent scenario for the origin of the primordial density perturbations. Instead of being generated through a rapid phase of accelerated expansion shortly after the big bang, here the perturbations are generated in a phase of slow contraction, long before the big bang. The key breakthrough in this paper is a nonsingular bouncing cosmology, achieved by successfully merging the ekpyrotic phase with a subsequent NEC-violating ghost-condensate phase. We have derived the explicit consistency relations required for this merger to be successful. These can be fulfilled by a wide class of kinetic functions and scalar potentials. The entire cosmological evolution is, therefore, under control and can be tracked throughout at the level of a 4d effective theory.

This framework allows us to settle the controversial issue of the fate of perturbations through the bounce. A nonsingular bounce allows perturbations to remain in the linear regime throughout. More importantly, since the evolution can be described within a 4d effective theory, the curvature perturbation $\zeta$ is unambiguously conserved and goes through the bounce unscathed. To generate a scale-invariant spectrum for $\zeta$ in the pre-big bang phase, we have made use of a recently proposed mechanism of entropy perturbation generation [24,25]. This is accomplished by having two ekpyrotic scalar fields rolling down their respective negative exponential potentials. We have derived the explicit consistency relations required for this merger to be successful. These can be fulfilled by a wide class of kinetic functions and scalar potentials. The entire cosmo- logical evolution is, therefore, under control and can be tracked throughout at the level of a 4d effective theory.

As with inflation, the remaining challenge is to embed this scenario within a UV-complete theory of quantum gravity, such as string theory. Potentials of the type required in new ekpyrosis can be realized in $N = 1$ supergravity, including low energy effective string theories. However, the question of whether one can realize ghost condensation in string theory remains open. Ultimately the bounce could be generated using an entirely different mechanism. And indeed many of the results described here, such as the generation of a scale-invariant $\zeta$ and its propagation through the bounce, would apply equally well. Our motivation in focusing on the ghost condensate was to provide as concrete a realization of our scenario as possible.

At the level of a cosmological scenario, “new ekpyrotic cosmology” provides a consistent alternative paradigm to inflationary cosmology. The two scenarios make distinctive predictions for the gravitational wave spectrum: the inflationary spectrum is nearly scale invariant, whereas that of ekpyrotic cosmology is very blue and, therefore, unobservable on large scales [8]. Moreover, the generic prediction of the simplest inflationary models is a significant gravity wave amplitude, just below the current sensitivity levels of microwave background experiments [6]. Ekpyrosis, on the other hand, predicts an unobservably small amplitude. Thus the failure to detect $B$-mode polarization in upcoming experiments would place inflation in an uncomfortable corner [6], while lending support to the ekpyrotic paradigm.

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