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RGDS peptides immobilized on titanium alloy stimulate bone cell attachment, differentiation and confer resistance to apoptosis

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Abstract
A major cause of implant failure in skeletal tissues is failure of osseointegration, often due to lack of adhesion of cells to the titanium (Ti) alloy interface. Since arginine-glycine-aspartic acid (RGD)-containing peptides have been shown to regulate osteoblast adhesion, we tested the hypothesis that, bound to a Ti surface, these peptides would promote osteoblasts differentiation, while at the same time inhibit apoptosis. RGDS and RGES (control) peptides were covalently linked to Ti discs using an APTS linker. While the grafting of both RGDS and RGES significantly increased Ti surface roughness, contact angle analysis showed that APTS significantly increased the surface hydrophobicity; when the peptides were tethered to Ti, this was reduced. To evaluate attachment, MC3T3-E1 osteoblast cells were grown on these discs. Significantly more cells attached to the Ti-grafted RGDS then the Ti-grafted RGES control. Furthermore, expression of the osteoblasts phenotype was significantly enhanced on the Ti-grafted RGDS surface. When cells attached to the Ti-grafted RGDS were challenged with staurosporine, an apoptogen, there was significant inhibition of apoptosis; in contrast, osteoblasts adherent to the Ti-grafted RGES were killed. It is concluded that RGD-containing peptides covalently bonded to Ti promotes osteoblasts attachment and survival with minimal changes to the surface of the alloy. Therefore, such modifications to Ti would have the potential to promote osseointegration in vivo.

Keywords
titanium, RGD peptides, apoptosis, osteoblast, APTS

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RGDS peptides immobilized on titanium alloy stimulate bone cell attachment, differentiation and confer resistance to apoptosis

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Abstract: A major cause of implant failure in skeletal tissues is failure of osseointegration, often due to lack of adhesion of cells to the titanium (Ti) alloy interface. Since arginine-glycine-aspartic acid (RGD)-containing peptides have been shown to regulate osteoblast adhesion, we tested the hypothesis that, bound to a Ti surface, these peptides would promote osteoblasts differentiation, while at the same time inhibit apoptosis. RGDS and RGES (control) peptides were covalently linked to Ti discs using an APTS linker. While the grafting of both RGDS and RGES significantly increased Ti surface roughness, contact angle analysis showed that APTS significantly increased the surface hydrophobicity; when the peptides were tethered to Ti, this was reduced. To evaluate attachment, MC3T3-E1 osteoblast cells were grown on these discs. Significantly more cells attached to the Ti-grafted RGDS then the Ti-grafted RGES control. Furthermore, expression of the osteoblasts phenotype was significantly enhanced on the Ti-grafted RGDS surface. When cells attached to the Ti-grafted RGDS were challenged with staurosporine, an apoptogen, there was significant inhibition of apoptosis; in contrast, osteoblasts adherent to the Ti-grafted RGES were killed. It is concluded that RGD-containing peptides covalently bonded to Ti promotes osteoblasts attachment and survival with minimal changes to the surface of the alloy. Therefore, such modifications to Ti would have the potential to promote osseointegration in vivo.

Key words: titanium; RGD peptides; apoptosis; osteoblast; APTS

INTRODUCTION

Titanium alloy (Ti) is recognized as a superior metal for joint prostheses, fracture fixation devices, and dental implants. Despite widespread use, recent surveys indicate that a small percentage of implants fail due to lack of osseointegration. Surgeries to revise the failed implant carry a substantial risk of further failure, and adds significantly to the cost of these very expensive operative procedures.

Because biological tissues interact with the outermost atomic layers of the implant, it is logical to assume that surface modifications would serve to influence the activity of adherent cells. Indeed, changes in surface energy, charge, and composition increase tissue adhesion and integration, and alterations in surface geometry and roughness enhance osteoblastic function and response to hormones. Moreover, deposition of a calcium phosphate layer on the Ti surface increases implant integration into surrounding tissues.

A recent development has been to engineer the Ti surface with bioactive molecules, in particular, the arginine-glycine-aspartic acid (RGD) peptide. This peptide, the ligand for cell surface integrin receptors, is found in many extracellular matrix proteins, including bone sialoprotein, osteopontin (OPN), fibrinogen, thrombospondin, and vitronectin. In a previous investigation, we reported that when grafted onto...
a silicone surface, RGD peptides can induce osteoblast differentiation and mineral deposition. Similar results were found when RGD peptides were linked to quartz surfaces or incorporated in hydrogels. Ferris et al. showed that a thicker shell of new bone was seen around rat femoral implants when RGD-containing peptides were tethered to gold-plated Ti implants. Importantly, the shear strength of the implants was almost 40% greater then that of the control. While it is clear that RGD–integrin binding enhances osseointegration, it is not known if the RGD peptide directly tethered to the Ti surface influences cell function. The goal of this study is to explore this interaction by assessing whether the attachment triggers differentiation of the osteoblast phenotype, while at the same time inhibiting apoptosis and promoting expression of survival pathways.

MATERIALS AND METHODS

Design of the study

The initial goal of this study was to chemically bond the bioactive peptide RGDS to a Ti implant surface and to evaluate whether the hybrid structure influences bone cell attachment, differentiation, and survival. A three-step chemical procedure was used to covalently link RGDS and RGES (peptide control) to the surface of Ti discs. The disc surface was characterized by goniometry measurements, scanning electron microscopy (SEM), and atomic force microscopy (AFM). Bone cells were cultured on Ti-RGDS, Ti-RGES, and Ti surfaces. Cell attachment was measured. Following staining with phalloidin, cell spreading and cytoskeletal organization was evaluated by confocal microscopy. Development of the mature phenotype was determined by measurement of alkaline phosphatase activity and expression of alkaline phosphatase, osteocalcin (OCL), OPN, and collagen type I (COL I). To evaluate cell survival, cells were challenged with low levels of apoptogens and osteoblast cell death evaluated.

Cell culture

MC3T3-E1 cells were maintained in 10 mL of complete medium consisting of Dulbecco minimum essential medium supplemented with 10% fetal bovine serum, 2 mM l-glutamine and 50 µg/mL penicillin/streptomycin, pH 7.0. After the cells had reached confluence, they were released with 5 mL of 0.1% collagenase in Hanks buffered saline solution (Sigma Chemicals, St Louis, MO). The cells were then replated on the surface of highly polished Ti discs (6 mm thick, 11 mm in diameter) in a 24-well culture dish (Corning Glass Works, Corning, NY). Cultures were fed every other day with complete medium, supplemented with 50 µg/mL ascorbic acid and 5 mM β-glycerophosphate. To evaluate cell adhesion and viability, osteoblast-like cells were plated on the Ti-RGDS surfaces at a density of 70,000/well. Cells were cultured for 1–12 days in complete media and harvested every 3 days for phenotype analysis.

Preparation of the RGD-titanium implant surface

Highly polished commercial purity Ti discs (6 mm thick and 12 mm in diameter) (kindly provided by Stryker Osteonics, Mahwah, NJ) were used for all the experiments. The Ti discs were incubated in a solution of 1:1 (v/v) of methanol/HCl at room temperature. They were rinsed 5 times with dH2O and treated with 40% sulfuric acid at room temperature for 15 min. The discs were rinsed extensively with dH2O, then boiled in dH2O for 10 min. Finally, the discs were washed 5 times with dH2O, rinsed with acetone, and dried under vacuum for 12 h. The disc surface was then incubated with 2.15 mM 3-aminopropyltriethoxysilane (APTES) (A3648; Sigma Chemicals) in 30 mL of dry toluene for 180 min at room temperature to generate an aminated surface. The Ti discs were sonicated in chloroform 5 times, acetone twice, methanol 5 times, and washed extensively with water. The aminated Ti discs were incubated for 3 h in 0.2 mM RGDS peptide (Sigma Chemicals) in 1-ethyl-3-(3-dimethylaminopropyl) carbodiimide and N-ethyl morpholine (Sigma Chemicals). The discs were rinsed with N,N-dimethylformamide and distilled water. Nonbound peptides were removed by sonication in N,N-dimethylformamide for 15 min. Finally, the discs were stored in desiccators under vacuum for 24 h to remove the N,N-dimethylformamide.

Surface characterization of the disc

Static contact angles were measured using the sessile drop method with a goniometer. A 10-µL droplet of distilled water was suspended from the tip of a microliter syringe supported above the sample stage (Rame-Hart 100-00). The syringe tip was advanced towards the disc until the droplet made contact with the disc surface. The syringe then was retracted, leaving the droplet on the surface. The image of the droplet was captured with a CCD camera (Zoom 7000 Navitar TV Zoom) and the contact angle was measured using an ATI Multimedia Player and Scion Image program (Microsoft). SEM images were acquired with a Joel 6300FV microscope equipped with a field emission gun. The emission gun provides outstanding resolution at accelerating voltages as low as 0.5 keV. Thus, it was possible to image nonconducting materials such as cells without the need for coating. The point-to-point resolution at 1 keV is 7 nm and decreases to 1.5 nm at 30 keV. Roughness analysis of the Ti discs surface was performed using a Dimension 3000 Atomic Force Microscope (Digital Instruments, Santa Barbara, CA) under ambient conditions, i.e., in air, using a 80 µm x 80 µm scanner. The mean roughness of etched surfaces (area, 10 µm x 10 µm), aminated surfaces with APTES, and surfaces with covalently bound peptides was measured. Topographic images were acquired in a tapping mode using silicon tips on integral cantilevers with a nominal spring constant of 20–100 N/m. Images were obtained from at least two different samples prepared on different days and at least three macroscopically separate areas on each sample.

Evaluation of cell attachment to RGDS-treated Ti surfaces

All Ti discs were first sterilized in 75% ethanol for 30 min, then washed with phosphate-buffered saline (PBS).
To block nonintegrin receptors, the discs were treated with BSA (1 mg/mL) for 30 min at 37°C. Osteoblasts were plated on the discs at a concentration of 70,000 per well. After 15, 30, and 60 min at 37°C, cells were fixed with formalin solution (10% in PBS) for 5 min and stained with a solution of 1% toluidine blue in 10% formalin. After 12 h, the cell preparation was washed with copious amount of dH2O, and allowed to air dry. Cells were lysed with 2% SDS for 10 min and the absorbances were read at 590 nm in a plate reader.

Characterization of bone cell phenotype

Alkaline phosphatase determination

After 12 days in culture, cells were extracted with 0.1% Triton-X 100 in distilled water. Fifty microliters of each sample was diluted in 950 mL reagent mixture containing Sigma 104 Phosphatase substrate in Tris Buffer (1.5 M Tris-HCl, pH 9.0, containing 7.5 mM p-nitrophenylphosphate, 1 mM ZnCl2, and 1 mM MgCl2). Hydrolysis of p-nitrophenylphosphate was monitored as the change in absorbance at 410 nm over time. Alkaline phosphatase activity was expressed as nmol of product/min/10⁶ cells; 1 absorbance unit change equals 64 nmol of product.

RT-PCR analysis of bone cells mRNA

Osteoblast-like cells were grown in 60-mm tissue culture dishes (Corning Glass Works). RNA was extracted from the cells using Trizol reagent (GibcoBRL, Grand Island, NY). The PCR products were analyzed by electrophoresis using a 2% agarose gel. Primers for the following genes were used: alkaline phosphatase, OCL, COL I, OPN, and β actin. PCR conditions used as given in previously published work.27

Cytoskeletal analysis of cells attached to RGDS-treated Ti surfaces

Actin filaments were visualized by treatment with Alexa Fluor conjugate-phalloidin (Molecular Probes, Eugene, OR). The medium was removed from each sample and the cell layer was washed twice with PBS. Cells were fixed with 1.5% formalin in PBS for 5 min. Triton X-100 (0.1%) in PBS and 1% BSA was added to permeabilize the cells. After 20 min, the cell layer was washed twice with PBS and then incubated with Alexa Fluor-labeled phalloidin (1:100) in PBS with 0.1% Tween 20 and 1% BSA overnight at 4°C. Cells were then analyzed with the Olympus Fluoview inverted confocal microscope (Olympus, Melville, NY) with a long-working distance lens. To permit quantification, the plane of maximum fluorescence was determined and the photomultiplier tube voltage set at that point for the control well.

Apoptotic sensitivity of osteoblasts on RGDS-treated Ti surfaces

Cells were plated onto prepared surfaces as described earlier. After 3 days in culture, cells were incubated for 24 h with 0.1 and 0.5 μM staurosporine. Untreated cells were used as controls. Cell death was measured using the MTT procedure.27 This assay is based on the ability of mitochondrial dehydrogenases to oxidize thiazolyl blue (MTT), a tetrazolium salt (3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyltetrazolium bromide), to an insoluble blue formazan product. Cells were incubated with MTT stain (120 μg/mL) at 37°C for 2 h. After the supernatant was removed, 400 μL of 0.04 mol/L HCl in isopropanol was added to each well and the optical density of the solution was read at 590 nm in an enzyme-linked immunoassay plate reader. As the generation of the blue product is proportional to the dehydrogen-
ase activity, a decrease in the absorbance at 590 nm provides a direct measurement of the number of viable cells.

Statistical analysis

Experiments were repeated 3–5 times. Data were analyzed using a one-way or two-way analysis of variance (ANOVA). The Student–Newman–Keuls post hoc test for a contrast of individual means was used. \( p < 0.05 \) was considered statistically significant.

RESULTS

Characterization of Ti-RGDS surfaces

Scanning electron microscopy

Initial characterization of the Ti surfaces was performed using SEM to identify gross changes in surface morphology (Fig. 1). Despite being polished to a mirror finish, untreated Ti exhibits a grooved appearance [Fig. 1(A)]. However, following passivation with methanol/HCl and sulfuric acid, the uneven morphology is lost [Fig. 1(B)]. Covalent bonding of APTS to the surface further reduces the texture of the surface [Fig. 1(C)].

Atomic force microscopy

Roughness analysis of the Ti-treated surfaces was conducted using AFM (Fig. 2). For each surface treatment, passivated Ti, APTS covalently bound to Ti, or Ti with grafted RGDS or RGES (areas of 10 \( \mu \text{m} \times 10 \mu \text{m} \)) were subjected to analysis. The scale was set from 0.0 to 30.0 nm (Fig. 2, see inset). The roughness of the etched Ti is 1.3 nm [Fig. 2(A)]. However, following passivation with methanol/HCl and sulfuric acid, the uneven morphology is lost [Fig. 1(B)]. Covalent bonding of APTS to the surface further reduces the texture of the surface [Fig. 1(C)].

Figure 2. AFM characteristics of the chemically modified Ti alloy surface. A: Ti alone. B: Ti surface treated with APTS. C: Ti surface grafted with RGDS. D: Ti surface grafted with RGES. Each square represents 10 \( \mu \text{m}^2 \). Note: while APTS caused only a small change in surface roughness, there was a significant increase when RGDS and RGES were tethered to the alloy. [Color figure can be viewed in the online issue, which is available at www.interscience.wiley.com.]
Contact angle analysis

Changes in the surface energy of the Ti surface, at each of the treatment steps, were determined by contact angle analysis. Figure 3 shows that the average contact angle for untreated Ti is 49.78°. After the surface was etched, the contact angle is significantly reduced to ~40°. However, with formation of the APTES layer, the surface became significantly more hydrophobic, with the angle increasing from ~40° to 65.06°. Measurement of the contact angle of RGDS or RGES peptides linked to the APTES surfaces indicates that there is a statistically significant decrease from 65.06° to ~52°; there is no significant difference between the contact angles for grafted RGDS (52.98°) and RGES (51.82°).

Evaluation of cell attachment to the Ti surfaces with tethered RGDS

Osteoblasts, adherent to the surface with tethered RGDS and RGES, were evaluated using Scanning Electron Microscopy (SEM). We noted that after 24 h on the RGDS surface [Fig. 4(A)], osteoblasts are somewhat more tightly packed and more numerous than those found on the RGES surface [Fig. 4(B)]. However, the cell attachment assay performed with newly

Figure 3. Changes in surface characteristics as determined by Contact Angle Analysis. A 10-μL droplet of distilled water was deposited on the Ti alloy surface and an image of the droplet was captured with a CCD camera. The contact angle was calculated from this image using the Scion Image program. Note: etching caused a significant reduction in the contact angle, while APTS treatment significantly increased the contact angle. There is no significant difference between the contact angles of RGDS (52.98°) and RGES (51.82°). Values indicated are means and standard errors. * p < 0.05 in comparison with control, + p < 0.05 in comparison with passivated Ti, # p < 0.05 in comparison with APTS-grafted Ti.

Figure 4. Analysis of cellular attachment on the RGDS- and RGES-grafted surfaces. MC3T3-E1 osteoblast-like cells were plated onto Ti discs grafted with either RGDS (A) or RGES (B) for 1 day. Cellular morphology and distribution were evaluated by SEM. Note that after 1 day, compared with RGES, cells plated on the RGDS-grafted surface are somewhat more numerous and closely packed. Initial attachment was evaluated using a cell attachment assay. Cells were plated on the two grafted surfaces, as well as passivated Ti, for 15, 30, and 60 min, and then fixed and stained. Cell stain was quantified and all values normalized by the cell number on passivated Ti at 15 min (C). Note the significant increase in attached cells on the RGDS-grafted surface in comparison with the RGES-grafted surface at 15 and 30 min. No significant differences are observable at 60 min.
attaching cells clearly shows significant differences in attachment [Fig. 4(C)]. Osteoblast number increases with time on all surfaces. Statistical analysis determined that both the RGDS-grafted surface and the passivated Ti surface enhance cell attachment in comparison with the RGES-grafted surface.

Characterization of bone cell phenotype

The alkaline phosphatase activity of osteoblasts cultured for 12 days on Ti grafted with RGDS, Ti grafted with RGES, or Ti alone was determined enzymatically. Figure 5(A) shows that the alkaline phosphatase activity of osteoblasts cultured on Ti grafted with RGDS was greater when compared with cells maintained on Ti grafted with RGES. While the mean alkaline phosphatase activity is higher on the Ti grafted with RGDS then on the Ti alone, this difference was not statistically significant.

The osteoblastic phenotype of the cells grown on Ti grafted with RGDS, Ti grafted with RGES, or Ti alone was evaluated by RT-PCR after 3 days in culture. Gene expression of phenotypic markers (alkaline phosphatase, OCL, OPN, and COL I) is elevated in cells cultured on Ti grafted with RGDS surface when compared with cells cultured on Ti grafted with RGES. It is similar to expression levels of cells maintained on Ti alone [Fig. 5(B)].

Apoptotic sensitivity of osteoblasts on RGDS-treated Ti surfaces

We examined the impact of surface treatment on the apoptotic sensitivity of the bound osteoblasts. At a concentration of 0.1 μM, staurosporine caused a small but significant increase in death of osteoblasts cultured on Ti grafted with RGES and Ti alone; cells cultured on Ti grafted with RGDS survive the staurosporine challenge (Fig. 6).

DISCUSSION

The goal of this study was to learn if RGD-containing peptides could be grafted to a Ti surface and to test the hypothesis that the peptide-modified surface enhances osteoblast attachment, differentiation, and survival. Surprisingly, we observed that cell attachment to the Ti-grafted RGDS surface was not significantly different from Ti alone. Analysis of the osteoblastic phenotype confirmed this observation. However, when the osteoblasts were challenged with an apoptogen, the presence of the attachment peptides promoted cell survival. Based on these results, we conclude that the grafted RGDS peptides confer a functional advantage to Ti in that it protects adherent cells from the effects of local apoptogens. Furthermore, the
RGD-GRAFTED Ti SURFACES PROMOTE OSTEOBLAST DIFFERENTIATION AND SURVIVAL

The effect of surface chemistry on apoptotic sensitivity. MC3T3-E1 osteoblast-like cells were plated on passivated Ti, RGDS-, and RGES-grafted Ti. Cells were exposed to 0.1 μM staurosporine treatment for 24 h. The resultant cell death was measured using an MTT assay. Note that while cells plated on the passivated Ti and RGES-grafted Ti showed significant sensitivity to the apoptogenic activity of staurosporine, cells plated on the RGDS-grafted surface were completely refractory to the induction of apoptosis. Values indicated are means and standard errors graphed as a percentage of the control cells cultured in serum free media. *p < 0.05.

grafting procedure itself does not alter the excellent biocompatibility properties of the Ti alloy.28

One advantage of the chemistry employed in this study was that it minimally changed the physical characteristics of the Ti surface. Contact angle measurements showed that treatment with APTES and the acquisition of amino groups increased the hydrophobicity of the surface. When RGDS and RGES peptides were tethered to the surface, the small decrease in the contact angle, due to the presence of multiple polar functional groups, was recorded. Ti surfaces grafted with both the RGDS and RGES peptides displayed the same contact angle measurement. The importance of surface charges and its influence on cell attachment and function has been emphasized by other workers.29 From this perspective, the observation that a Ti surface grafted with peptide exhibited a limited decrease in hydrophobicity supports the hypothesis that chemical modification minimally influences cell attachment and function.

Surface roughness has been indicated as an important factor that could influence the way osteoblasts attach onto Ti.30 Thus, cell attachment increases as the surfaces become rougher.31 We used AFM to analyze, quantitatively, the roughness of each sample at three different stages of treatment. Analysis of the Ti surface modified with APTS, as well as the Ti alone, indicated similar and very low indices of roughness, 1.3 and 2.0 nm, respectively. These results confirmed the SEM analysis that showed a smooth surface of the Ti following the initial passivation with methanol/HCl and sulfuric acid; a smoothness maintained through the APTS step. These results suggested a uniform APTS layer was present on the Ti surface. After grafting RGDS and RGES peptides to the Ti surface, the roughness indices increased by a factor of 3.5 and 3, respectively, further confirming that there was an even peptide distribution on the Ti surface. This result confirmed an earlier study of RGD attachment chemistry to the surface of silicone wafers.32 Since the topography, as well as the charge density, of the RGDS-Ti and RGES-Ti surfaces are similar, it must be concluded that differences in cell attachment and function reflects differences in the peptide sequences rather than physical alteration in the surface properties of the Ti.

Since the Ti surface optimally promotes osteoblast attachment and differentiation,28 it was critical that we demonstrate that the Ti grafted with RGDS does not interfere with these critical determinants of cell behavior. Surprisingly, at early time periods (15 and 30 min), more cells attached to the Ti-grafted RGDS than to the Ti-grafted RGES. Although not statistically significant, more cells were adherent to the RGDS surface than the Ti alone. These data lend support to the hypothesis that the attachment chemistry permits cells to attach to the RGDS-treated surfaces without adversely affecting the biocompatibility of Ti itself, resulting from its tenacious oxide.

In terms of development of the osteoblast phenotype, we measured the alkaline phosphatase activity of osteoblasts plated on the three different Ti surfaces for 12 days. Both Ti-grafted RGDS and Ti alone exhibited similar increases in alkaline phosphatase activity, compared with Ti-grafted RGES. RT-PCR analysis of the confluent cell layer indicated that cells plated on all three surfaces expressed a bone cell phenotype. Alkaline phosphatase, OCL, OPN, and COL I transcripts were all expressed. Consistent with previous results, cells on both Ti-grafted RGDS and Ti alone expressed higher levels of the three transcripts than cells plated on the Ti-grafted RGES. Predictably, there was also a small increase in the mRNA of OCL, alkaline phosphatase, and COL I on the Ti-grafted RGDS when compared with Ti alone. As Wang et al.34 and Ruoslahti15 have reported, the interaction of the RGDS-ligand and integrin receptors is characterized by an increased level of gene transcription and the triggering of cytodifferentiation pathways.

Previous studies have conclusively shown that cell–matrix interactions are critical for promoting survival.35–38 Ligand–integrin binding blocks apoptosis caused by extrinsic factors39,40 and induces expression of anti-apoptotic proteins.41 In line with our earlier
studies, which demonstrated that an RGD-grafted surface produces an anti-apoptotic signal,\textsuperscript{42} the current investigation demonstrates a similar response when cells are attached to the Ti-grafted RGDS.\textsuperscript{21,32} Thus attachment to the Ti-RGDS surface protected cells from low doses of the apoptotic, staurosporine (0.1 μM). In contrast, the Ti alone delivered no anti-apoptotic signal to osteoblasts when compared with the Ti-grafted RGES. Consequently, despite the biocompatibility of Ti, as a surface, it renders no significant survival signals. These results emphasize that bioactive peptides can be grafted to a Ti surface without the loss of critical cell binding and functional characteristics.

References